

# CYBER-BULLYING

Bullying is one of the most well known and worrying things about e-safety. Furthermore, there could be bullying all around the internet: On Minecraft, on a group chat, and even in the comments on that YouTube video you just watched!

Cyber-bullying can be done by anyone, like your friends, your brother or strangers. Cyber-bullying is done through the internet, not in the real world, it can be from SMS, Apps, Text or social media. However, some Cyber Bullying can continue in real life.

Now that you know a bit more about bullying, Here are some reminders about what to do.



## Here's what to do:

- ✓ Report the bully.
- ✓ Tell an adult.
- ✓ Don't self-blame.
- ✓ Screenshot any proof

## DON'T DO THESE

- ✗ Don't try to bully them back.
- ✗ Even if it's not on a game, NEVER reply to any message that includes cyber-bullying.

Thank you for reading about what you should do if you get cyber-bullied; I hope you can use these tips in the future.

*Joseph – Netherfield Primary School*

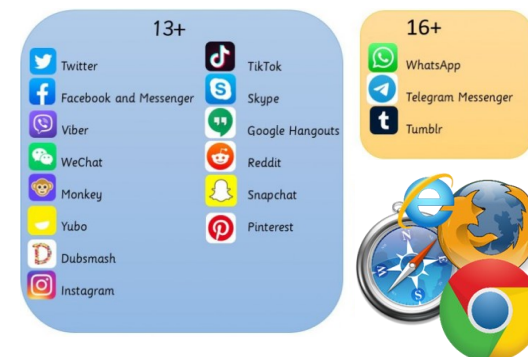
# AGE RATINGS

Some people ignore age ratings, maybe you do too! Age Ratings are in place for a reason: to keep you safe and help you make choices of what to watch, play and what you do on the internet.

## Ratings

**Everyone:** Content is generally suitable for all ages. Other ratings are linked to your age for example, 10+ content is generally suitable for ages 10 and up.

Popular games like Roblox, Fortnite, Call of Duty, Instagram, TikTok and Facebook are all Pegi 10+ or 16+ Rating. Although you may still playing these in your free time. To be safe,



# Equals Trust -Digital Leaders-



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# WELCOME TO ISSUE 1!

Hi, we are the Equals Trust Digital Leaders. We are absolutely delighted that you are reading our first issue of 2023-2024! We have at least two representatives from each school in the Trust and we spoke to the pupils in our schools before our meeting. We all met at the start of December to discuss important online safety topics and we are going to answer some of their questions.

In this issue you will learn about:

-Hacking, -Roblox chat, -Online bullying and much, much more!

We hope that after reading this issue you will know a bit more on how to enjoy the internet while staying safe.

*Alfie, Keyworth Primary Y5*



# HOW TO STAY SAFE FROM HACKERS

You may have heard of hacking online but do you really know what it is?

Hacking is when someone tries to exploit a game, website or app to break it or get private details. Hacking is a cybercrime. If you get hacked, your passwords can get stolen and your private information can be leaked. This could also cause many messages and notifications on your device. One way to check if you might have been hacked is by checking your recent log-ins on your settings or your email account. If you see logins that

you don't recognise, then it might be best to change your password.

*Rico, Heymann Primary and Benjamin, Willow Farm Primary*



**Warning– in this magazine, we talk about apps that are popular in school but are rated for older children. We are not recommending these apps, just trying to keep you safe!**

# POP-UPS

Pop-ups are ads that come up to try to get you to buy things. These can sometimes be a scam, so you have to be careful what you press on. The main purpose of pop-ups is to get your attention, advertise products and make you click on them, so you need to be aware on what you click on.

## How to stop pop ups



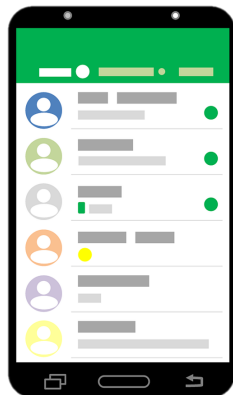
1. on your computer, open Chrome or Edge
2. At the top right, click more then settings
3. Click Privacy and security Site settings.
4. Chose the options that you want as your default settings.

*Theo and Olivia*

# Group Chats

If you are lucky enough to have a phone you will know that you can make group chats with your friends. Group chats are made for friends to be able to speak with each other, share ideas and jokes or plan meet ups between your friends. This sounds great, but there are some things to be careful of.

Sometimes, people you might not be friends with could be added to the group by your friend. This can be harmless but it could become a problem if they are an older sibling or a stranger. They could write inappropriate messages or might end up scaring you by sending links to scary things.



## Should you be able to have a group chat?

Maybe? It's the parent/guardian choice but if you are part of one, we recommend your parents check it weekly to keep you safe. Also, we recommend you keep you phone out of your bedroom at night time as getting lots of messages can distract you from going to sleep or you might read a message that makes you worried.

## How To Be SAFE?

The best way to be safe is to tell a parent if you get a message from someone you don't know or you see something that makes you feel uncomfortable.

However, group chats are usually safe as long as you are sensible.

*Sam, Heymann Primary School*

# HOW TO STAY SAFE ON FORTNITE



Fortnite is a popular game and it has sold over 350 million copies. This game is free and playable on

PlayStation, Xbox, Nintendo, PC/mac and android. You can also create your own maps on a game called creative. You can publish your games when you are done so the public can play them! The game is rated 12+ as it's not a game intended for younger kids, and includes: Guns, shooting, voice chat, text chat and frequent scenes of mild violence. Parents, be careful when allowing your child onto games and apps. Also, on this game you can spend money so be cautious when on the item shop-always check what you buy and be absolutely sure that it is exactly what you want and you have permission!

## SHOULD MY CHILD DOWNLOAD THE GAME?

It's up to the parent/guardian to decide whether that is the case or not. Kids from the ages 10+ might be more suited but it needs to be a conversation with your parent/ guardian to check its OK for you. However, the new Fortnite lego mode is more suited to younger children

## SAFETY

Never share your password with anyone except for your parents/Guardian. You could set up parental controls on Fortnite or choose the appropriate game/mode.

*Maryam and Elijah.*

# HELP! MY PARENTS WANT TO ...add Parental Controls



Do your parents annoy you by always telling you what apps you are allowed on or when your device will turn off. This is called parental controls. Parental controls are to monitor and limit what you can see and do online. Parents can use it to keep you safe through: blocking you from using specific websites/games, allowing your parents to see

apps and games.

You may think parental controls are bad and just to get in your way, but they are there to keep you safe.

We would recommend you talk to your parents about what parental controls could be useful, listen to your parents and keep them on!

*Kessia, Flintham Primary, Maya, Cropwell Bishop Primary, Thea, Burton Joyce Primary*



what apps you download and set time limits on