

## Robert Miles Junior School Newsletter – 26<sup>th</sup> January 2024

Dear Parents,

I wrote to the Year 6 parents earlier in the week regarding some children posting inappropriate comments in Whatsapp groups and the potential implications of this. Online safety feels like one of the major challenges of our times and I know many of you are worried about this too.

At school, we run assemblies on this subject and it is included in our PSHE and Computing curriculums. Each Friday, we also include an online safety poster in the newsletter which is hopefully useful – I have included the poster on Parent Controls again today.

For parents who want some extra support with navigating this challenging area, Leicestershire Police's Regional Cyber Crime team are running an online session, 'Online Safety Advice for Parents,' on 6<sup>th</sup> February at 7pm. I do recommend these events as it is an ever-changing area and it is always good to find out more and hear about other people's experiences. You can sign up here if you would like to attend:

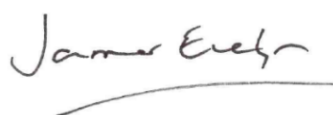
<https://events.teams.microsoft.com/event/04ed8c6c-828a-470a-ac87-0511fdf217aa@15f7eba6-616e-465b-a3ad-912e8a6bbc5a>

If any parents would like to share tips on how they have managed their child's phone use successfully, please get in touch as I would be pleased to share these in the newsletter.

It has been a quieter week in school so it is a slightly shorter newsletter. Today, we are heading off to the annual Young Voices concert in Birmingham – always a great event. I'll share all the news and photos in next week's newsletter.

Have a great weekend.

Best Wishes



James Evelyn  
Headteacher, Robert Miles Junior School

### Dates for the Diary

26 <sup>th</sup> January	Young Voices
31 <sup>st</sup> January	Equals Trust Chess Tournament
2 <sup>nd</sup> February	Rushcliffe Pupil Parliament
w/c 12 <sup>th</sup> Feb	Half Term
19 <sup>th</sup> February	Newark Swimming Gala
21 <sup>st</sup> March	Y3 Trip to Lincoln
22 <sup>nd</sup> March	Y3/4 Equals Trust Football Event
25 <sup>th</sup> March	Parents Evening
26 <sup>th</sup> March	Parents Evening
27 <sup>th</sup> March	Equals Trust Choir Event
28 <sup>th</sup> March	School Disco
28 <sup>th</sup> March	Last Day of Term

### School Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance. Our target is for each child to have an attendance figure of at least 95%.

3B	95.9%
3J	95.7%
4H	98.1%
4G	94.4%
5AR	88.8%
5M	97.8%
6L	95.9%
6M	91.9%
<b>All</b>	<b>94.8%</b>

Congratulations to  
4H who have the  
best attendance  
this week!



### CCTV Cameras

We have been asked by one of the local councillors to share with parents details of new CCTV cameras being installed in Bingham. Local residents are invited to share their views in a consultation by 29<sup>th</sup> February 2024.

Further details can be found here:

<https://www.rushcliffe.gov.uk/environmental-health/community-safety/cctv-surveillance-systems/>



## Rushcliffe Basketball Festival

Robert Miles Juniors attended the Rushcliffe basketball festival at Becket School in West Bridgford on Monday. We were welcomed by a division 1 basketball professional and Hoods player Greg Skoric. Each member joined in with a variety of skills to develop their confidence with a basketball and were given the chance to learn alongside other schools.

Alongside Greg, the children were also led through a variety of challenges involving shooting, dribbling and passing by a Hoods basketball coach. What a privilege to join in and play a sport next to a professional athlete! An amazing evening for all and the children represented the school in the most brilliant way - by respecting everyone and having fun.



## Honours Assembly

Congratulations to these children whose success was celebrated at Honours Assembly this week and some of their work was shared with all the children in the school.

3J	Henry Skinner & Noah Attenborough
3B	Hoi Yui & Giles Lo
4G	Lizzie Cook & Nancie Thomson
4H	Micah Sheung & Bonnie Pearson
5M	Alice Barr & Callum Withers
5AR	Bella Finlay & Evelyn Minta
6M	Eleanor Corcoran & Bethany Crampton
6L	Lexi Wightman & Myles Williams

## House Points

Children are earning House Points each and every day for showing the REACH values, making good choices and doing their very best. Each Friday in Honours Assembly, we announce the latest scores. At the end of each term, the house with the most points earns a non-uniform day. Totals for the term so far are:

Jupiter	242
Mercury	215
Neptune	197
Saturn	199



## Times Tables Rockstars

Congratulations to the following children who have topped the charts for their work on TTRS this week:

**Most correct answers:** Jacob, 4G

**Most coins earned:** Micah, 4H

**Biggest improvement in accuracy:** Jamie, 5AR

**Biggest improvement in speed:** Scarlett, 3J

## Local News & Information

We are happy to publicise local events and activities for children in the newsletter particularly ahead of holiday periods. (Please note the school is not endorsing these events as they are run separately.) Any enquiries should be made through the website address shown on the leaflet below.



**Little Wickets**  
"Championing Teamwork, Fair Play & Fun, Creating Team Players for Life"

# FEB HALF TERM CAMP

Full Day £35    Half Day £20    3 Days £95

**Softball Cricket Camp for Boys & Girls Reception - Year 6**

**Our camp:**

- ✓ Cricket skills and games
- ✓ Fair play & teamwork
- ✓ Spirit of Cricket
- ✓ Lots of FUN!!
- ✓ ECB Qualified Coaches
- ✓ Batting, Bowling & Fielding
- ✓ Make new friends
- ✓ Skill development

30% DISCOUNT FOR YOUNGER SIBLINGS & TWINS (BOOK VIA EMAIL)

**Date:** 12th - 14th Feb  
**Time:** 8:30am - 3:30pm (pick up by 4pm)

**RUSHCLIFFE SPENCER ACADEMY, BOUNDARY ROAD, WEST BRIDGFORD, NG2 7BW**

[www.littlewickets.com](http://www.littlewickets.com)    [info@littlewickets.com](mailto:info@littlewickets.com)    0115 671 0565



## BINGHAM COMMUNITY CINEMA

Bringing all ages from the community together for an afternoon of entertainment. Refreshments will be available from our tuck shop. Seating is provided but if you would like to bring along beanbags etc. to sit on then please feel free.

**Coming Again... 25th February 2024**



Main Hall, The Methodist Centre, Bingham  
Doors open at 2pm for a 2:30pm start  
Suggested Entirely Free Will Donation - £2 per person (no obligation)  
Children under 16 to be accompanied by an adult.  
Children will remain the responsibility of their parent/carer



We share E-Safety information from National Online Safety with parents in the Robert Miles newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [nationalcollege.com](http://nationalcollege.com) for further guides, hints and tips for adults.

# Top Tips for SETTING UP PARENTAL CONTROLS ON NEW DEVICES

In children's eagerness to start enjoying new digital gadgets immediately, it can be easy to overlook setting up the type of parental controls that can help to protect them online. If you don't sort those out from the very start, it can be an uphill battle – technologically and psychologically – to impose such controls later. Here's our rundown of what to look for when setting up the various internet-enabled devices that might be lurking under the tree at this time of year.

## IPHONE

If your child's lucky enough to be getting their own iPhone, parental controls can help avoid issues like screen addiction and unsuitable content. Go into the settings and scroll down to 'Screen Time'. From here you can customise important settings including time limits on using the device, communication restrictions and content blockers. You can also lock your changes behind a passcode.

## ANDROID

With Android devices, Google's Family Link app is your friend. You'll need a Google account – and a separate one for your child, which you should use when first setting up the device. Then, in Family Link on your own device, select 'Add Child' and enter their account details. This lets you specify limits on daily usage, restrict certain apps, block particular content and more.

## PLAYSTATION

You can prep for a PlayStation before it's even unwrapped. At [my.account.sony.com](http://my.account.sony.com), create an account, then go to Account Management > Family Management > Add Family Member to set up your child's account, which you'll use to sign in on the console. You can restrict the age ratings of the games they can play and who they can talk to. On the PS5, you can make exceptions for any games you think are acceptable despite their high age rating.

## IPAD

iPad parental controls are identical to those on iPhones. However, if you've got a shared family iPad and want to ensure your children aren't seeing anything age-inappropriate after you hand them the device, there's a feature called Guided Access (under Settings > Accessibility > Guided Access). With this switched on, young ones can only use the app that's currently open.

## XBOX

The Xbox Family Settings app helps you manage which games your child can play (and when). You'll need to set up the console with your own account and then add a child profile. Make sure your account's password is protected, so your child can't alter your choices later. You'll be walked through the functions at setup, but you can also reach them manually via Settings > Account > Family Settings.

## NINTENDO SWITCH

Download the Nintendo Switch Parental Controls app on your phone, and you'll be shown how to link it to the console. Once that's done, you can limit how long your child can play each day, decide what age ratings are permitted and more. You'll also get weekly updates on how often they've used the device. These controls are accessible through the console itself, but the app is usually easier.

## WINDOWS 11 PCS

On Windows 11, account management is key. Set up the device with your own account as the admin. Then go to Settings > Accounts > Family and Other Users and create your child's account (if you've already done this on a previous PC, just log in with those details). Microsoft Family Safety (either the app or the site) then lets you control screen time, what content children can view and more.

## CHROMEBOOKS

Chromebooks' parental controls are managed via the Family Link app. Unlike an Android device, however, you need set up the Chromebook with your own account first, then add your child's. Go to Settings > People > Add Person and input your child's Google account details (or create a new account). Your child can then log in, and you can monitor what they're up to via Family Link.

## MACS

Like iPhones, parental controls for Macs are managed via the Screen Time settings. Again, the crux here is to set yourself up as the administrator before adding any child accounts. In the settings, look for Users & Groups to create your child's account, then – while on their profile – use the screen time options to place any boundaries around apps, usage and who your child can communicate with (and vice versa).

## SMART TVs

Smart TVs typically have their own individual parental controls. One of the most popular brands is Samsung – and on their TVs, you can control the content available to your child. In the Settings menu, under 'Broadcasting', you can lock channels and restrict content by its age rating. Even this isn't foolproof, however: some apps (like YouTube) might still let children access unsuitable material.

## Meet Our Expert

Barry Collins is a technology journalist and editor with more than 20 years' experience of working for titles such as the Sunday Times, Which?, PC Pro and Computeractive. He's appeared regularly as a tech pundit on television and radio, including on BBC Newsnight, Radio 5 Live and the ITV News at Ten. He has two children and writes regularly on the subject of internet safety.



The National College

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#WakeUpWednesday



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## Weekly Menu - w/c 29<sup>th</sup> January

All parents have received a link to a form where you can submit information about your child's dietary requirements. If you have not already done so, please complete the form here if your child has specific dietary requirements: <https://orders.lunchhound.co.uk/medicaldiets/request>

### Monday

- Homemade Cheese & Tomato pizza, garlic bread, sweetcorn and peas.
- Loaded cheesy bean hot pitta parcel. (V)
- Jacket potato with tuna mayonnaise or cheese or beans.
- Apple & sultana crumble bar

### Tuesday

- Hearty pasta Bolognese with peppers, green beans and carrots.
- Plant based Bolognese pasta with lentils, peppers and basil. (V)
- Jacket potato with tuna mayonnaise or cheese or beans.
- Homemade lemon cake with custard.

### Wednesday

- Toad in the hole, roast potatoes, gravy, cauliflower and seasonal greens.
- Quorn sausage toad in the hole, roast potatoes and gravy. (V)
- Jacket potato with tuna mayonnaise or cheese or beans.
- Banana cake and fruit slices

### Thursday

- Mexican style chicken, bean and sweetcorn burrito, mixed vegetables and sweetcorn.
- Homemade macaroni cheese. (V)
- Jacket potato with tuna mayonnaise or cheese or beans.
- Chocolate cookie

### Friday

- Cod fish fingers, chips, baked beans or peas.
- Cheese & onion pastry roll and chips.(V)
- Jacket potato with tuna mayonnaise or cheese or beans.
- Fruity strawberry jelly

## Upcoming Dates w/c 29<sup>th</sup> January

### Monday 29<sup>th</sup> January 2024

- Film club 3.30 - 5.15pm. The film showing this week is The Real Macaw. £2 charge for this club. Please pay for this using the School Money app. Soft drink and biscuit provided. No sweets or chocolate please.

### Tuesday 30<sup>th</sup> January 2024

- Dodgeball for year 3 & 4 group one 8.15- 8.45am.

### Wednesday 31<sup>st</sup> January 2024

- Basketball club 7.45 – 8.45am.
- Bible explorers at lunch time for all year groups.

- Keep fit with Rosie 3.45 – 4.30pm
- Equal trust chess tournament.

#### **Thursday 1st February 2024**

- Martial arts club for years 4 and 5 8-8.45am. Please bring PE kit, a water bottle and any inhalers needed.
- Basketball club 3.30-4.30pm.
- Colouring club for year 4 3.30 – 4.30pm
- Year 4 swimming. Please ensure you remember your swimming kit and any inhalers required.

#### **Friday 2nd February 2024**

- Honours assembly.
- Rushcliffe pupil parliament.