

Equals Trust Digital Leaders

Every term, 2 children from each Equals Trust School come together to discuss eSafety concerns and create a magazine with tips and suggestions for all our children to adopt.

Our two leaders this time around are Harley (5AK) and Sophie (5M), who are being helped today by Hattie (5AK) and Isla (5M)



Equals Trust
-Digital Leaders-
EQ

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Welcome!!!



Welcome to this latest edition of the online safety magazine: DIGITAL LEADERS!!!!

We are Year 5 and 6 pupils from across the Equals Trust community and we are going to teach you how to be safe on the internet, e.g. Avoiding annoying

popups, inappropriate contents and age requirements.

Enjoy reading these articles and STAY SAFE!!!

By Alfie (Keyworth Primary School) and Toby (from Crossdale Primary School)



Device Age

What age should you be allowed to get a phone? Many parents have different ideas of when their child can get a device. Most parents believe that 11-14 is the appropriate age to get devices. However, your parents may think you are mature and ready to have a phone at a younger age. At the age of 5 or 6 parents may think children are ready to use some sort of device (like an iPad) but can this effect the child? Yes! There is research to suggest that spending too much time on screens can cause behavioural issues when young and

affect eyesight. For 9-10 year olds, 90 minutes a day seems to be a good start. When first getting a device parents won't immediately give kids full access to social media, we recommend going for apps their age. We feel it is important that parents monitor what their children are doing-this is just to keep you safe!

By Kessia (Flintham primary school) and Maya (Cropwell Bishop Primary School)



Warning--in this magazine, we talk about apps that are popular in school but are rated for older children. We are not recommending these apps, just trying to keep you safe!

What did we do?

- ▶ Had a meeting with other schools and talked about the research we did in our own schools.
- ▶ Made a list of articles we could write and picked one to write about with someone from a different school.
- ▶ Researched and wrote our articles for the magazine.

5 safety tips we should all be following

- ▶ Don't talk to strangers
- ▶ Don't reveal personal information
- ▶ Only go on age-appropriate websites
- ▶ Tell an adult if you have any concerns
- ▶ Don't write anything you wouldn't say to face to face

Tracking

There are a range of different types of tracking. One is GPS tracking which stands for Global Positional System, people use it to track their location or where you're going to. You can choose to share this with websites like maps to know where you are and to give directions.

Tracking on the internet is when websites collect information on what you do online, such as websites visited or search terms used. It helps companies personalise content or show you ads. Online behaviour tracking is where people track your behaviour and views as an

online user. This is why if you search for something on one device, often adverts for similar things come up on other apps or devices!

How you can stop being tracked online

1. Turn on Google's 'do not track' feature or Apple's 'Ask not to Track'
2. Decline cookies when online
3. Use ad blockers and anti-track (talk to your parents)

By Sophie (Robert Miles Junior School) and Olivia (Brookside Primary School)

- What is online behaviour tracking?

FALL GUYS

Fall Guys is a popular mobile game. The goal is to be the last one standing while getting to the finish line in wacky courses.

This incredible game has a crazy rating of 4.2/ 5 and 95% of the people who play the game love it very much. It has 25 mini games and 4 game modes. It has 14 rare emotes and the most popular skin is called: hot dog. There

are over 600 skins you can choose for you character.

You can talk to people online such as your friend and maybe even your own siblings (make sure you are careful who you talk to online).

*Harley and Enoch
(Robert Miles and
Cropwell Bishop
Primary School)*



- Have you ever played a game like Fall Guys?

Quiz time!



Send or don't send?



Should you send or not send these messages?



Send



It can be fun to trade things with other people, but remember not everyone wants to trade all the time and it's okay to say no. **Skylab99** has done the right thing here by accepting their decision.

Remember – a trade should always be done using the official trading feature in the game. This will help make sure it happens safely. But you should still make sure that you feel the trade is fair before accepting.

Lightening-duck2

Good game! We always win when we are on a team together 😁

Lightening-duck2

What school did you say you went to again?

Blazing_fox

I go to Park Heights Junior School in Nottingham



Don't send



It's important to keep personal information safe online. Even if you have been playing a game with someone for a long time, if you don't know them offline they are still a stranger.

Always tell an adult if a player online asks for your personal information or to meet up.

Then together you could:

- Say no to sharing personal information and move the conversation back to talking about the game
- Decide not to reply at all
- Choose to report, block or unfriend the player.



Day_dream_queen

Why aren't you helping me?

Day_dream_queen

Where are you all? Stop running away from me!

Day_dream_queen

Why have you just done that???? We're meant to be on a team and look out for each other!

Day_dream_queen

I can't believe you got me, you are all
***** I hate you all. Just you wait until
next time. I'll get you all back!



Don't send



It wasn't nice or respectful of the other players to treat **Day_dream_queen** like that.

But even if someone has been unkind, or you're feeling angry and upset, it's never the right choice to retaliate by sending a mean message back.

What could **Day_dream_queen** say or do instead?

The Digital Leaders magazine has been given to your amazing teachers who will hand them out to you soon.

Thanks for listening!