

Robert Miles Junior School Newsletter – 27th September 2024



*** Midday Supervisor Assistant Vacancy ***

We are looking to recruit a new midday supervisor to join our lunchtime team.

Hours: Monday to Friday 12.05pm to 1.20pm.

Duties include helping and supervising in the lunch hall and on the playground ensuring that the lunch hour runs smoothly. If you are interested in this role, please contact the school office by phone or email at office@robertmiles.notts.sch.uk for further information.

Our school is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. The post will be subject to an enhanced DBS Check.

Dear Parents,

Another week has come and gone in a flash. It is a nice time of the term when everything is up and running and the children are doing well. As you know, we revised our Behaviour Policy this year and one of the new features has been the introduction of the 'Choice Chart'. This a class-based system that provides rewards for good choices and sanctions for poor choices. As it is 'choice based', it gives children greater agency – an opportunity to quickly correct wrong choices as well as rewarding those children who are always making good choices. One of the pleasures of my role is walking round the school towards the end of the day giving out silver stickers to those who have done really well. The House Points are also linked into the system so it is no surprise to see these numbers rising rapidly!

We have moved the bike and scooter racks so they are now in front of the entry gate. Hopefully this will make it easier for children to store/collect their scooters and bikes taking away the need to push them right round the school.

Have a great weekend.

Best Wishes

James Evelyn
Headteacher, Robert Miles Junior School

Dates for the Diary

2 nd October	Children's Photos
8 th October:	Parent Session: SEND Intro
w/c 14 th Oct	Duke's Barn Residential
23 rd October	School Disco
w/c 28 th Oct	Half Term Week
8 th November	Parent Session: Notts Mental Health Services
11 th & 13 th Nov	Y4, Y5 & Y6 Parents Evening

School Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance. Our target is for each child to have an attendance figure of at least 95%.

3B	96.9%
3J	98.9%
4H	97.8%
4M	98.3%
5AC	95.6%
5G	96.6%
6L	97.5%
6M	95.9%
All	97.1%



Congratulations to 3J for having the best attendance this week!

Individual School Photos If you would like all your children to be photographed together but they are at a different setting, please can you come between 8am and 8.45am when the photographer will be happy to take family photos. All siblings who attend this school, will be photographed together in school time.

Honours Emails We are aware that some Honours emails have been ending up in parent's junk folders. Please check your junk folder so you don't miss any important emails from school.

House Points

Jupiter	454
Mercury	435
Neptune	437
Saturn	446

Children are earning House Points each and every day for showing the REACH values, making good choices and doing their very best. Each Wednesday in Honours Assembly, we announce the latest scores. These are the latest figures for the first half of the summer term.



School Council & Prefects

Over the last couple of weeks, the children have voted for their new School Councillors and, in the case of Year 6, Prefects have been appointed. Our School Council has three objectives:

1. To share children's suggestions and concerns at School Council meetings
2. To support the school leadership in improving the school and ensuring that children's views feed into School Council decisions
3. Prefects: to improve the school in their area of responsibility using ideas of their own and other children

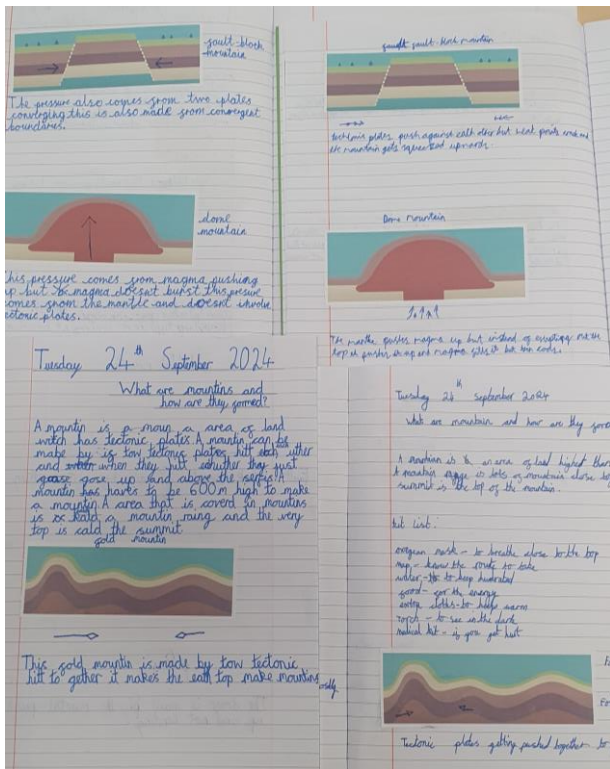
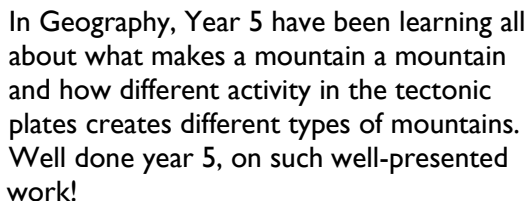
School Council		Prefects
3J	Lottie McCormick and Harriet Daibell	Art Prefect: Bella Finlay
3B	Ava Austin and Lucas Crown	Community Prefect: Emily Carter
4H	Martha Lawton and Scarlett Bruce	Environment Prefect: Jerry Lamb
4M	Natalia Kowalik and Roman Correia de Jesus	Inclusion Prefect: Sophie Wilson
5G	Sophie Clarke and Joshua Dickinson	Learning Prefect: Michalina Kowalik
5AC	Archie Hickinbottom and Isla Johns	Sports Prefect: Harley Williams

Honours Assembly

Congratulations to these children whose success was celebrated at Honours Assembly this week and some of their work was shared with all the children in the school.

3J	Joshua Williams & Katie Wong
3B	Lucas Crown & Lucy Norton
4M	Liam Harker & Lily Appleby
4H	Camille Bee & Ruby Sharpouse
5G	Olly Taylor & Billy Cheng
5AC	Jacob Spalding & Eryn Loo
6M	Bella Finlay & Kyla Phillips
6L	Alice Barr & Sophie Wilson

Excellent work in the Spotlight



*** Sponsorship Opportunity ***

As parents will be aware, we try and participate in lots of different sports both competitively and just for enjoyment. The newsletter is filled each week with information about the children's sporting achievements and central to this are our boys and girls football teams.

Our teams are in need of a new kit! A fair few of the old ones have gone missing and we need a new set for our boys and girls. Sadly, school finances are extremely tight at the moment and we are looking for some support with meeting this cost.

If any parents or local businesses are interested in providing financial support, we are happy for their company logo to appear on the front. We anticipate a full set of shirts would cost around £400. If you are interested in supporting the school with this, please contact Mr Evelyn or Mr Jennings.



Rushcliffe Football Tournament

The Rushcliffe Football Tournament, held on Saturday, saw both a boys' and a girls' team representing RMJS with pride. Although they didn't make it past the group stages, both teams played brilliantly, showing great teamwork and determination throughout the competition. They worked well together, communicating effectively on the pitch and always supporting one another, whether in attack or defence. Their spirit and effort were clear in every match, as they played with enthusiasm and gave it their all, no matter the outcome. Despite the results, they should be incredibly proud of themselves, as their commitment to playing as a team really shone through. While they may not have brought home the trophy this time, the experience gained and the memories made will be fondly thought of until later in the year when we return again. The school are extremely proud of how they conducted themselves, both on and off the field, showcasing the best qualities of sportsmanship and teamwork.



Times Tables Rock Stars

Times Tables Rockstars

Congratulations to the following children who have topped the charts for their work on TTRS this week:

Most correct answers: Hailey, 3J

Most coins earnt: Hailey, 3J

Biggest improvement in accuracy: Poppy, 4H

Biggest improvement in speed: Freddie, 3J

Weekly Menu - w/c 30th September 2024

All parents have received a link to a form where you can submit information about your child's dietary requirements. If you have not already done so, please complete the form here if your child has specific dietary requirements: <https://orders.lunchhound.co.uk/medicaldiets/request>

Monday

- Cheese & tomato pizza served with garlic bread and a selection of daily vegetables & mixed fresh salad.
- Creamy vegetable penne pasta carbonara with a selection of daily vegetables & mixed fresh salad (V)
- Jacket potato with a choice of baked beans, cheese or tuna mayo.
- Marble sponge & custard.

Tuesday

- All day sausage breakfast served with baked omelette, diced potatoes, bake beans or sweetcorn with a choice of vegetables or mixed fresh salad.
- All day veggie sausage breakfast served with diced potatoes, bake beans or sweetcorn with a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Chocolate shortbread biscuits (Ve) and fruit slices.

Wednesday

- Chicken pie, mashed potato with a selection of vegetables or mixed fresh salad.
- Vegemince and vegetable pie (Ve), mashed potato with a selection of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna mayonnaise.
- Iced banana traybake.

Thursday

- Creamy korma style chicken curry served with mixed rice, selection of vegetables or mixed fresh salad.
- Sweet potato, spinach and chickpea korma (Ve) served with mixed rice, selection of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna mayonnaise.
- Oat and raisin cookie (Ve) and fresh watermelon slice.

Friday

- Friday fish fingers served with chips, tomato ketchup and a selection of daily vegetables and mixed fresh salad.
- Homemade cheese flan served with chips and tomato sauce and a selection of daily vegetables and mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna mayonnaise.
- oat and raisin cookie

Upcoming Dates w/c 30th September 2024

Monday 30th September 2024

- Film club 3.30 - 5.15pm. The film showing this week is Onward, £2 charge for this club. Please pay for this using the Arbor app. Soft drink and biscuit provided. No sweets or chocolate please.

Tuesday 1st October 2024

- Handball club for years 5 & 6. 8.15-8.55am in the hall. Please bring PE kit, a drink and any inhalers you may need. (This club is now full)
- Tag rugby club for years 5 & 6. 3.30-4.30pm. Please bring PE kit, a drink and any inhalers you may need.

Wednesday 2nd October 2024

- School photos. Siblings outside of School can come in from 8-8.45am to have photos taken together.

Thursday 3rd October 2024

- Martial arts club, 8 – 8.45am. Please wear PE kit, bring a drink and any inhalers required. (This club is now full)
- Year 4 swimming. Please ensure you remember your swimming kit (including towel) and any inhalers required.
- Basketball club for year 3 & 4. 3.30-4.30pm in the hall. Please bring PE kit, a drink and any inhalers you may need. (This club is now full.)
- Boys Football Match vs St Peter's Ruddington (4pm at RMJS)

Friday 4th October 2024

- No afterschool activities today

A reminder that all children need to be collected from their afterschool clubs by family member/friend who are over the age of 16.

Local News & Information

We are happy to publicise local events and activities for children in the newsletter particularly ahead of holiday periods. (Please note the school is not endorsing these events as they are run separately.) Any enquiries should be made through the website address shown on the leaflet below.


Nottinghamshire Healthcare
NHS Foundation Trust

The Healthy Family Team

(Health Visitor & School Nurse)

FREE health advice and support for families with children aged 0-19 years living in Nottinghamshire.

ADVICE LINE: Please telephone 0300 123 5436


Text: 07520 619919

A free confidential text messaging service for families with children aged 0-19 years living in Nottinghamshire.

A free health website for children and families living in Nottinghamshire.

www.healthforkids.co.uk



Health For Kids
SCAN ME


Messy Church at Bingham Methodist Centre

First Wednesday of the month 3.45-5pm
Crafty activities, story, songs and a light tea






Dates for Autumn 2024

- 2nd October
- 6th November
- 4th December

To book, email Sarah Hobbs at cyp@binghammethodist.org.uk

Bingham Rugby Girls Sessions


Wednesday's 6.30-7.30
Brendon Grove Pavilion



Year 2 Upwards


My teammates are always there for me

playing together
rugby



POSITIVE THOUGHTS

Starting 2nd October



TRY RUGBY WITH US!
[Visit findrugby.com](http://Visit.findrugby.com)

To register interest contact
Lucy on 07789118893

We share E-Safety information from National Online Safety with parents in the Robert Miles newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about INSTAGRAM

Instagram is a highly popular social media platform with over 2 billion active monthly users. The app is continuously updating and adding new features to meet the wishes of its audience, allowing them to upload images and videos to their Instagram feed, create interactive 'stories', go live, exchange private messages or explore and follow other accounts that catch their eye.

AGE RESTRICTION 13+

WHAT ARE THE RISKS?

ADDICTION

Many social media platforms, Instagram included, are designed to keep us engaged on them for as long as possible. They encourage scrolling often and scrolling more in case we miss something important – in essence, a fear of missing out. On Instagram, young people can lose track of time when aimlessly scrolling and watching videos posted by friends, acquaintances, influencers and possibly strangers.

UNREALISTIC IDEALS

Children sometimes compare themselves to what they see online: how they look, how they dress, and the way their life is going in comparison to others on social media. However, most people only share the positives about their lives online and many use filters when sharing pictures of themselves. A constant comparison with unrealistic ideals can lead to insecurity over one's own appearance and lifestyle.

GOING LIVE

Livestreaming on Instagram allows users to connect with friends and followers in real time. Risks increase if the account is public, because that means anyone can watch the broadcast, which could result in further contact from strangers. Additional dangers of going live include an impulse to act inappropriately to draw more viewers, as well as being exposed to harmful content or offensive language.

INFLUENCER CULTURE

Social media influencers are sometimes paid thousands of pounds to promote products, services, apps and more. When celebrities or influencers post such content, it often says 'paid partnership' above the post. In April 2024, Ofcom found that over a quarter of children (27%) believed in influencer marketing, accepting their endorsement of products wholeheartedly. So it's perfectly possible for young people to be taken in by this kind of content.

PRODUCT TAGGING

Product tags allow users to tag a product or business in their post. This tag will take viewers directly to the product detail page on the shop where the item can be purchased. Children may also be encouraged by influencers to purchase products that they advertise.

EXCLUSION & OSTRACISM

Youngsters are highly sensitive to feeling excluded, which comes in many forms: not receiving as many 'likes' as expected; not being tagged in a friend's photo; being unfriended; not receiving a comment on their post or a reply to a message they sent. Being excluded online hurts just as much as offline. Young people have reported lower moods and self-esteem when excluded in this way, feeling as if they don't belong and aren't valued.

Advice for Parents & Educators

AVOID GOING PUBLIC

If a young user wants to share their clothing style, make up or similar and use product tagging to show off the items in their post, they may be tempted to change their settings to public. This leaves their profile visible to everyone, which carries the risk of strangers getting in touch with them. Set a child's account to private and explain the importance of keeping it this way.

HAVE AN OPEN DIALOGUE

Talk to children about the positives and negatives of social media, including the risks involved and how they can view or create content safely with family and friends. Explain how safety settings will ensure only followers can view them, and why this is so important. Also, if you find a child continuously uses filters on their photos, ask them why and impress on them that they don't need it.

MANAGE LIKE COUNTS

Due to the potential impact on mental wellbeing, Instagram allows users to hide the total likes on their posts, to prevent people from obsessing over that number in the corner. Users can hide like counts on all the posts in their feed as well as on their own posts. This means others can't see how many likes a person gets. This can be done by going into Settings > Notifications > Posts > Likes > Off.

USE MODERATORS

Instagram Live has implemented a mechanic called 'Moderators', meaning that creators can assign a moderator and give them the power to report comments, remove viewers and remove the ability for certain viewers to comment at all. Consider this if a child in your care wants to go live on the platform. It's also recommended to keep devices in communal spaces so you're aware if a child does go live or watch a livestream.

FOLLOW INFLUENCERS

Following influencers will allow you to monitor what they're sharing as well as being able to discuss anything which you deem inappropriate. Talk to children about who they follow and help them to develop critical thinking skills about what the influencer is trying to do. For example, encourage the child to ask themselves if an influencer is trying to sell them a product when they make a video endorsing it.

BALANCE YOUR TIME

Instagram has a built-in activity dashboard that lets you control how much time is spent on the app. Make sure children sign in to the platform with the correct age, as Instagram's 'Teen Accounts' afford much more control for parents and carers over how long they can use the app each day. Talk with young users about how much time they spend on Instagram and work together to set a healthy time limit.

Meet Our Expert

Dr. Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.

#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/instagram-2022>

@wake_up_weds
 /www.thenationalcollege
 @wake.up.wednesday
 @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 00.00.2024

Infant School Open Days

Robert Miles Infant School will be hosting open days in the coming months for children joining them in Reception in September 2025. If you know any families looking for a Reception place for next September 2025, please encourage them to attend.





Robert Miles Infant School

School Tours

for parents/carers looking for a Reception school place for **September 2025**

Everyone welcome. Please contact the school office to book a date.
01949 837422
office@rmischool.co.uk

Safe, nurturing environment

Strong links with Robert Miles Junior School

Weekly Forest School sessions

Wrap-around care available (7.30-6pm)


Kelly Ryan
Head Teacher

Dates:
Tuesday 8th October: 5-6pm
Friday 18th October: 10-11am
Tuesday 12th November: 5-6pm
Friday 22nd November: 2-3pm*

*On Friday 22nd November, James Evelyn, Head Teacher at Robert Miles Junior School, will also be joining us.