

Robert Miles Junior School Newsletter – 3<sup>rd</sup> April 2025

Dear Parents,

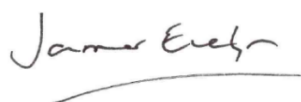
A busy term comes to an end today with a week of egg rolling, performing and celebrating all under lovely spring blue skies.

Every school term is busy with lots happening as we do our very best to give children a great education. Yesterday, I joined some year 5s and 6s at the Albert Hall singing event. Before I went, I organised the awards and certificates for the assembly and it was lovely to reflect on the breadth of their achievements – from Rock Heroes, Times Tables challenges and Easter Egg designs to 'Gold' Awards, House Points and 'Hot Chocolate Winners'. Well done to all of them.

As well as a successful Ofsted inspection, this term also saw the launch of the Friends of the RMJS – something I have wanted to introduce for a while. I am so grateful to the three parents leading this and giving up their time to help the school. Thank you to everyone involved.

Wishing all our families a happy and relaxing holiday. We return after the bank holiday on Tuesday 22<sup>nd</sup> April at the usual time.

Best Wishes



James Evelyn

Headteacher, Robert Miles Junior School



### Summer Term Dates

24 <sup>th</sup> April	Toot Hill – Year 5 Parents Meeting
w/c 19 <sup>th</sup> May	Healthy Lifestyles Week
6 <sup>th</sup> June	Friends of RMJS Father's Day Gift Shop
25 <sup>th</sup> June	Sports Day
27 <sup>th</sup> June	Reserve Sports Day
11 <sup>th</sup> July	Summer BBQ

### School Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance. Our target is for each child to have an attendance figure of at least 95%.

3B	94.8%
3J	99.3%
4H	96.2%
4M	99.3%
5AC	97.2%
5G	96.1%
6L	97.1%
6M	94.7%
<b>All</b>	<b>96.8%</b>

Congratulations to  
3J and 4M for  
having the best  
attendance this



### Choice Chart – Gold Award Winners

At the start of this school year, we introduced the 'Choice Chart' – an interactive and visual system that recognises children's 'choice based' journey through the day. Getting to Gold is not easy to achieve and requires something exceptional. These 8 children have achieved Gold during the second half of the spring term:

Michalina (6L)	Ororo (3B)
Molly (5G)	Mylo (5G)
Kyla (6M)	Laceigh-Mae (3J)
Archie (5AC)	



The children then went into a draw for a 'Hot Chocolate with the Headteacher' with Archie, Laceigh-Mae and Kyla's names coming out of the hat! At the end of Spring 1, Florence (6M), Lucas (3B) and Autumn (4M) won the hot chocolate prize and enjoyed their hot chocolate with the Headteacher on Tuesday,

## Easter Egg Design Competition

Thank you to the many children who entered the Easter Egg design competition run by the Friends of RMJS. Congratulation to these four winners who produced some high-quality entries that the Prefect Judges really liked:

- Aiden (3B – top left)
- Hima (4M – top right)
- Jolly (5AC – bottom left)
- Jessica (6L – bottom right)



## Equals Trust Singing Event

On Wednesday, 22 children from years 5 and 6 joined children from the other Equals Trust schools for the annual singing event at the Nottingham Albert Hall.

The children all performed multiple songs as a mass choir before our children took centre stage and joined Cropwell Bishop Primary School for a fantastic performance of 'I'm a Believer.'

The children had a great day and were great ambassadors for our school. A huge thank you to Mrs Brown and Mrs King for all their hard work practising with the children and to Mrs Clayton for helping out on the day.





### \*\*\* School Lunches Update \*\*\*

Unfortunately, the cost of a school dinner will rise to £3.15 from Tuesday 22nd April.

This rise is due to our contractor passing on the increased Employers' National Insurance costs, which came into effect this month, onto us. The Trust has negotiated prices with them and have agreed that there will be no further price increase for parents in September 2025.

Please can any outstanding balances be cleared before the start of the summer term.

Please contact Mr Evelyn if you have any questions or would like to discuss this matter further.



### Times Tables Rock Stars

#### Times Tables Rockstars

Congratulations to the following children who have topped the charts for their work on TTRS this week:

**Most correct answers:** Cassie, 4H

**Most coins earnt:** Lottie, 3J

**Biggest improvement in accuracy:** Angus, 3B

**Biggest improvement in speed:** Edie, 3B



Congratulations to 6L for another victory in the latest Times Tables RockStars class battle of the bands!

It was neck and neck all the way with the very determined 3J with a highly impressive number of correct answers being logged for both classes. For a while it seemed as if the youngest pupils in the school would overthrow the oldest - and reigning champions. However, largely due to Max's rather staggering 63,560 correct answers, they were just pipped at the post. Such was Max's accuracy and competitive spirit, he would have even beaten each of the six other classes on his own!

Specially mentions too should go to Cassie, Lottie, Harrison and Daisy who all achieved over 15,000 correct answers themselves. The trophy will sit proudly in 6L until the next battle - perhaps that will be 3J's turn....or will another class emerge to be triumphant?

### Egg Rolling Competition



It was great to see the sun shining on our annual egg rolling event which has been a tradition at Robert Miles for many years. After making it through the heats, children lined up eagerly to take their position. The school watched with excited anticipation as egg after egg came rolling down the playground. It was a close competition with a cluster of eggs laying to rest near to the target.

Our 2025 champions are: 3rd Place Felix in 4M, 2nd place Annabel in 3J and the winner was a very proud Brodie in 3B. All 3 winners received a delicious chocolate egg and all children in the final received a crème egg for showing egg-cellent egg rolling skills. Just over 360 days left of training for children to hone their skills and limber up for the same competition next year! And thank goodness no eggs were harmed during this activity and all were most definitely hard-boiled! Well done children and a very hoppy-Easter from the Easter Bunny!

## Weekly Menu w/c 21<sup>st</sup> April 2025

### Monday

Inset Day

### Tuesday

- Pork sausage and wedges
- Cheese & Onion Pasty Roll and wedges
- Garden peas, baked bean
- Jacket potato, Tuna, cheese, beans
- Banana Cake and Custard

### Wednesday

- Beef pasta bolognese, garlic bread
- Veggie bolognese, garlic bread
- Broccoli, Cauliflower and carrots
- Jacket Potato, Tuna, cheese, beans
- Shortbread VG

### Thursday

- Roast Gammon, gravy, Yorkshire pudding and roast potatoes
- Quorn grill, gravy, Yorkshire pudding & Roast Potatoes
- Broccoli, Carrots, sweetcorn
- Jacket Potato, Tuna, cheese, beans
- Hidden Fruit chocolate brownie

### Friday

- Fish Fingers & Chips
- Crispy vegetable fingers & Chips
- Garden peas, and baked beans
- Jacket potato, Tuna, cheese, beans
- Jelly

## Term Dates - w/c 21<sup>st</sup> April 2025

### Monday 21<sup>st</sup> April 2025

- Bank Holiday

### Tuesday 22<sup>nd</sup> April 2025

- First day back of the summer term.
- Year 6 reading booster sessions 3.30-4.30pm, children to bring in a small snack.

### Wednesday 23<sup>rd</sup> April 2025

- No honours assembly.
- No Bible Explorers

### Thursday 24<sup>th</sup> April 2025

- Martial arts club, 8 – 8.45am. Please wear PE kit, bring a drink and any inhalers required. (This club is now full).
- Year 6 maths booster sessions 3.30-4.30pm, children to bring in a small snack.
- Year 5 Toot Hill transition talk at RMJS 5.30pm start.

**Friday 25<sup>th</sup> April 2025**

- No afterschool activities.



We share E-Safety information from National Online Safety with parents in the Robert Miles newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## What Parents & Educators Need to Know about

# ONLINE TROLLING

The term "trolling" refers to sending hurtful or provocative comments – often done anonymously online – to provoke a reaction or cause emotional distress. Anonymity can embolden people into saying things they wouldn't dare say in person. Euro 2024 and other tournaments tend to put an emphasis on this, with the abuse of both players and fans often increasing during such events.

### WHAT ARE THE RISKS?

#### ESCALATION

Many trolls begin with silly, banal comments before moving on to a broader pattern of offensive messages and posts. They can also turn their attention very quickly to a new target if they grow bored with an existing one, which makes engaging with one fruitless at best – and potentially dangerous at worst.

#### HIDING BEHIND A SCREEN

Because trolls tend to use anonymous profiles, they enjoy a lack of accountability. This also means they'll often have multiple profiles, potentially switching between them regularly or posting across several of them at the same time, making a target feel as though there's no escape. After all, once you block one account, what's to stop them reappearing elsewhere?

#### 24/7 CONTACT

The Internet has given us the ability to remain in contact at any time, from almost anywhere in the world. A troll having the ability to reach you whenever they want can leave you feeling like their abuse is unavoidable. While they don't see you in real life, they can message you at any time, reach out to your peers online and even try to discover your personal information to scare you.

#### HATE SPEECH

Sadly, many trolls resort to spewing racial slurs, homophobic attacks and awful stereotypes, as these often stand the best chance of causing emotional harm. This can add a hefty degree of weight to their attacks, moving from what might charitably be described as "teasing" into a genuine hate crime. After Euro 2020, three England footballers were racially abused, resulting in several prison sentences.

#### IMPACT ON VICTIMS

It's not uncommon for the victims of trolls to shut down their accounts, disappear from public life, and try to stay out of the crosshairs for a time – with some even leaving social media forever. This can have a severe impact on children and young people's connections to friends and the world at large, and may not even actually stop the troll. The victims' families, for example, may have online profiles that trolls can still access.

#### NORMALISATION OF TROLLING

It is, regrettably, inevitable that some people will go too far in their criticisms or comments, both online and in the real world. This can lead to many people seeing trolls and their abuse as part and parcel of social media – an inherent risk of interacting with others online. This doesn't mean, however, that it should be considered "normal" or even tolerated.

## Advice for Parents & Educators

#### USE PARENTAL CONTROLS

While social media platforms (where most trolling tends to happen) aren't always helpful when responding to abusive behaviour, parents can set up screen time limits, so children only get to use certain apps at certain times. There's always the potential for trolling to occur anyway – such as friends showing screenshots to one another – but this would minimise the likelihood of children seeing it.

#### DON'T ENGAGE WITH ABUSE

A well-known adage on social media is "don't feed the trolls". Fundamentally, if a child identifies a potential troll online, it's best not to engage with that individual directly. Instead, consider setting up a log to gather evidence for reporting them later on, including screenshots and quotes where possible.

#### ENCOURAGE EMPATHY

While every professional athlete aspires to maintain high standards, it's important to separate the player from the person. A player's performance doesn't make them worthy of abuse, and that can often be forgotten by younger children who simply see the colour of the shirt without considering the person wearing it. For all the rivalries between teams, it's essential children understand that players are still human beings, with families and lives outside of sport.

#### BLOCK AND REPORT

While anonymous accounts make it difficult to block trolls permanently – or even for very long – it's still good practice to help children learn to control who can engage with them online. It's not worth "feeding the trolls", and it's more helpful to block them, report them, and try to move on. Blocking and reporting is an anonymous process, too, so there'll be no indication of who specifically blew the whistle.

#### Meet Our Expert

Lloyd Coombes is the Editor in Chief of GRecon, and has been working in the gaming and tech industry for five years. A long-time fan of Arsenal, he's a parent who understands the importance of online safety. He's also a tech and fitness writer whose work has been published on sites including IGN, TechRadar and many more.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: [nationalcollege.com/guides/online-trolling](https://nationalcollege.com/guides/online-trolling)

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