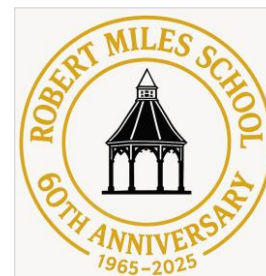


## Robert Miles Junior School Newsletter – 13<sup>th</sup> June 2025



Dear Parents,

Today we marked the school's 60<sup>th</sup> anniversary with a day of fun activities focused on the school's history with a very definite 60s theme! I don't know if the shirt I wore will make it out of the wardrobe again but it has been lovely to mark this important occasion and, in doing so, learn so much more about our school's history.

Lots of parents have looked at the pictures on the notice board, come and shared their reflections and emailed me photos from when they were at the school. We have staff members who came to the school as children and have also shared their memories. All of this is not only a lot of fun but also reinforces the importance of school as a community. This one, from Ewan Wilson, who is based in the United States caught my eye (thank you so much for sending it in, Ewan): *"I often remember the school plays we did each year! I think I joined back in Year 3, in the chorus, which wasn't usual, as I might have been the only one from my year to join that year. However, I seem to remember enjoying myself at each rehearsal after school and made some good friends because of it. Most of all, I remember the teachers, of which truly were a huge part of my life growing up, helping me to succeed in school and in the future. I've just graduated from Georgetown University in the United States after obtaining a scholarship to come out here and study for four years. I'd like to think that if it weren't for some of my teachers back at Robert Miles, I would never have had the confidence or ability to take my life abroad and study in America."*

In some ways, it is amazing that our school even exists as it required the knocking down of this beautiful rectory in order for it to be built. Local people were understandably very unhappy at the time as this extract from the magazine, 'Bingham Children of the Twentieth Century' makes clear.'



A new Junior School was urgently needed and Robert Miles Junior School opened on 3<sup>rd</sup> May 1965 in the grounds of the Rectory – the Rectory itself being demolished to make way for the bright new buildings, the latest in school development.

Many Bingham people deplored the destruction of such a fine house but the land was given free to the District Council by the Church to build a new Church School. The County Council, who funded the school itself, decided otherwise.



There are also a couple of films you might be interested in – thank you to Lucy Daibell for sharing these. They are definitely worth a few minutes of your time:

- Mr Gilbey, my predecessor, opening up a time capsule twenty five years ago  
<https://www.youtube.com/watch?v=TB7MTzZ83KY>
- A film of the school from 1990  
<https://www.youtube.com/watch?v=5a815j7D3pA>

If you have not already done so, please get in touch if you have any memories or reflections you would be happy to share – please use the QR code above. We will leave the pictures on the board for a little while longer so you can take a look.

Best Wishes

James Evelyn  
Headteacher, Robert Miles Junior School

### Summer Term Dates

16 <sup>th</sup> & 17 <sup>th</sup> June	Y4 York Residential
20 <sup>th</sup> June	Parent SEND Coffee Morning
25 <sup>th</sup> June	Sports Day
27 <sup>th</sup> June	Reserve Sports Day
3 <sup>rd</sup> July	School Disco
4 <sup>th</sup> July	Y6 French Breakfast
11 <sup>th</sup> July	Summer BBQ
14 <sup>th</sup> July	Y6 Toot Hill Transition Day
15 <sup>th</sup> – 17 <sup>th</sup> July	Y6 Performance (all evening shows)
22 <sup>nd</sup> July	Last Day of Term
22 <sup>nd</sup> July	Year 6 Leavers Assembly (2pm)

### School Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance. Our target is for each child to have an attendance figure of at least 95%.

3B	94.1%
3J	98.9%
4H	97.3%
4M	97.6%
5AC	95.3%
5G	95.1%
6L	97.1%
6M	95.3%
<b>All</b>	<b>96.3%</b>

Congratulations to 3J for having the best attendance this week!



### \*\*\* 60<sup>th</sup> Anniversary Day \*\*\*

It has been such a lovely day marking our school's 60<sup>th</sup> anniversary. Today the children have enjoyed a slightly adapted timetable where we came away from the normal curriculum and instead enjoyed a range of alternative history/1960s lessons along with a 60s themed singing assembly. At lunchtime, we all sat outside and enjoyed a lovely whole-school picnic in the sunshine. More photos to follow next week!





## Times Tables Rock Stars

### Times Tables Rockstars

Congratulations to the following children who have topped the charts for their work on TTRS this week:

**Most correct answers:** Cassie, 4H

**Most coins earnt:** Cassie, 4H

**Biggest improvement in accuracy:** Carter, 3B

**Biggest improvement in speed:** Kiera, 3B

### House Points

Jupiter	527
Mercury	588
Neptune	598
Saturn	513

Children are earning House Points each and every day for showing the REACH values, making good choices and doing their very best. These are the latest totals for this term.



### \*\*\* Bingham History \*\*\*



To help enrich their history topic all about the Victorians, Year 5 enjoyed a fascinating talk and guided tour of Bingham, led by David Mason, from the Bingham Heritage Association. David shared a wealth of knowledge with the children such as how we can investigate data from the census, why there was a workhouse in Bingham; where a second railway station used to be; which houses used to have cranes to transport goods from trains to goods sheds and why the Buttercross was built in the Market Place. David told us of rich and poor Victorian families in Bingham, some with as many as 17 family members living in one house! Stopping at the church graveyard, we saw headstones dating back to the mid 1800's, including the headstone of the Rector Robert Miles himself. In future lessons children will compare maps of Bingham then and now to see the impact of the Industrial Revolution and the major changes in our town. This was a super start to our in-depth study of the history of the local area. Many thanks to David and to all the Year 5 children who behaved beautifully on the tour round Bingham.

### Specsavers Assembly

On Tuesday, we had a visit in assembly from Fred and his colleague from Specsavers in Bingham. It was great to see so many hands up when he asked who had already had their eyes tested. Fred talked about ways to keep our eyes healthy which include: wearing sunglasses when it is bright sunshine, getting our eyes tested regularly and eating a healthy, balanced diet full of fruit and vegetables which contain vitamins to help our eyes. The most important point he made was to have lots of screen breaks to give eyes a rest from concentrating on one thing. He also talked about how the Bingham store has a special recycling bin for glasses which are then sent to children in countries that need them. Lots of children recognised Fred and asked thoughtful questions at the end of the assembly. A huge thank you to Specsavers from Robert Miles Junior School and I am sure Fred and his colleagues will be delighted to see you next time you are in for an eye test which, of course, is completely free for children.



## Weekly Menu w/c 16<sup>th</sup> June 2025

### Monday

- Pork Sausage toad in the hole and home-baked potato wedges with a choice of vegetables or mixed fresh salad.
- Veggie sausage toad in the hole and home-baked potato wedges with a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Banana Mousse.

### Tuesday

- Red Tractor mild chicken curry, mixed wholegrain and white rice with a choice of vegetables or mixed fresh salad.
- Vegetarian curry mixed wholegrain and white rice with a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Marble sponge and custard.

### Wednesday

- Roast chicken with gravy, stuffing and mash potato or roast potatoes with a choice of vegetables or mixed fresh salad.
- Quorn grill with gravy, stuffing and roast potatoes with a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Strawberry jelly.

### Thursday

- Wholemeal margherita pizza and pasta salad with a choice of vegetables or mixed fresh salad.
- Macaroni cheese with a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Vanilla cookie.

### Friday

- Fish fingers and chips with a choice of vegetables or mixed fresh salad.
- Cheese flan with chips, ketchup and a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Iced sponge cake with sprinkles.

## Upcoming Dates w/c 16<sup>th</sup> June 2025

### Monday 16<sup>th</sup> June 2025

- **Year 4 Residential trip to York. Children to arrive at school from 07.15am to register at 7.30am.** Bring overnight bag, small rucksack with packed lunch and drink. Any medication to be in a clearly marked envelope.
- Film club 3.30 - 5.15pm. The film showing this week is Pete's Dragon. There is a £2 compulsory charge for orange squash and biscuits at this Club. Please use our online payment system to pay for this.

### Tuesday 17<sup>th</sup> June 2025

- Year 4 Residential Trip to York. Children to return for approximately 5pm.
- Year 3 Roman Day
- Girls cricket club with Mr Maylard-Mason from 08.15am to 08.55am.
- Choir after school Rehearsal 3.30pm to 4.45pm

### Wednesday 18<sup>th</sup> June 2025

- Honours assembly.
- No Bible explorers.

- Cricket tournament. 9.30am to 3pm at Radcliffe on Trent CC. Parents are allowed to spectate. Please bring PE kit, Clothing for all weathers, Water bottle, packed lunch.

#### **Thursday 19<sup>th</sup> June 2025**

- Martial arts club with Mr Dexter 08.00am to 08.45am in the hall
- Year 3 swimming. National Drowning Prevention Week. Please bring lightweight clothing for this session and ensure you remember your swimming kit (including towel and a bag to put wet items in) and any inhalers required.
- Rounders Club –3.30pm to 4.30pm. Please bring a drink and any inhalers needed. (club full)
- Girls and Boys Football Teams Match vs Carnarvon, leaving school at 2.30pm

#### **Friday 20<sup>th</sup> June 2025**

- Parent SEND coffee morning.



We share E-Safety information from National Online Safety with parents in the Robert Miles newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

56

## What Parents & Educators Need to Know about

# GROUP CHATS

64

On messaging apps, social media and online games, group chats are among the most popular ways that young people engage with their peers online. Involving three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they can be great for connecting with others, there are several risks posed by these tools.

### WHAT ARE THE RISKS?

#### BULLYING

Teens are often trying to find their place in their social group. Unfortunately, group chats can sometimes lend themselves to unkind comments being shared freely, putting people down to make their peers laugh – often creating a vicious circle that encourages others to join in. Being bullied so publicly – in front of friends and acquaintances – can also amplify the hurt, embarrassment and anxiety that the victim feels.

#### EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: for instance, starting a new group, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one person doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss events that exclude them – for example, sharing photos from a day out that they didn't attend.

#### INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by a child if they are part of that group, whether they actively engage in it or not. Some apps have features that cause messages to disappear after they're viewed, so children may be unable to report something they've seen, as it can only be viewed once or for a short time.

#### SHARING GROUP CONTENT

Group chats can feel more private and protected, allowing children to share inside jokes and video calls with a smaller group of friends. It's important to remember that while the chat's content is private between those in the group, individual users can easily share material with others outside of the group, or screenshot what's been posted. The risk of something a child intended as private becoming public is higher if there are strangers in the chat.

#### UNKNOWN MEMBERS

Within larger group chats, it's more likely for children to communicate with people they don't know. These strangers may be friends of the host, but not necessarily friendly towards everyone present. It's wise for young people to avoid sharing personal details and remember that they have no control over what others do with the material they send into the chat.

#### NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications they tend to generate. Every time someone sends a message, each member's device will be 'pinged' with an alert. This could result in hundreds of notifications a day. This is often highly distracting, and young people's fear of missing out (FOMO) can cause increased screen time as they try to keep up with the conversation.

74

## Advice for Parents & Carers

117

#### CONSIDER OTHERS' FEELINGS

Group chats can become an arena for young people to compete for social status. This could cause them to do or say things on impulse which could upset others. Help children consider how people might feel if they behave in this way. If the child does upset someone, encourage them to reach out, show empathy and apologise for their mistake.

#### GIVE SUPPORT, NOT JUDGEMENT

Group chats are an excellent way for children to connect and feel like they belong. However, remind them that they can confide in you if they feel bullied or excluded. Instead of responding to the person who's upset them. Validate their feelings and empower them by discussing how they'd like to handle the situation. You can also encourage children to speak up if they witness others being picked on.

#### BLOCK, REPORT AND LEAVE

If a child is in a chat where inappropriate content is being shared, advise them to block whoever sent the material, report that person to the host app or platform and exit the group. If any of this content could put a minor at risk, contact the police. Emphasise that it's OK for children to simply leave any group chat that makes them feel uncomfortable.

#### PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Ensure children understand the importance of not revealing identifiable details like their address, their school, or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they can't be certain where it might end up and how it might be used.

#### AVOID INVITING STRANGERS

Sadly, many individuals online hide their identity to gain a child's trust and serve their own ends – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure the child understands why they shouldn't add people they don't know to a group chat – and why they should never accept a group chat invitation from a stranger.

#### SILENCE NOTIFICATIONS

Having a device bombarded with notifications from a group chat can be an irritating distraction – especially if it's happening late in the evening. Explain to children that they can still be part of the group chat while disabling notifications – and that it would be healthier for them to do so, avoiding a situation where they could feel pressured to respond.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing Internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Sources: <https://www.thenationalcollege.com/117/tips-talk-about-socialising-online/group-chats/> | <https://www.ncsc.gov.uk/keeping-children-safe/online-safety/social-media/chat-apps/>



@wake\_up\_weds



/www.thenationalcollege



@wake.up.wednesday



@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Release date: 27.04.2022 Last reviewed: 30.05.2024