

## Robert Miles Junior School Newsletter – 4<sup>th</sup> July 2025

### Summer Term Dates

11 <sup>th</sup> July	Summer BBQ
14 <sup>th</sup> July	Y6 Toot Hill Transition Day
15 <sup>th</sup> – 17 <sup>th</sup> July	Y6 Performance (all evening shows)
22 <sup>nd</sup> July	Last Day of Term
22 <sup>nd</sup> July	Year 6 Leavers Assembly (2pm)

Dear Parents,

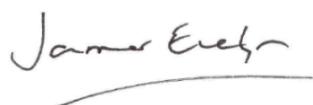
It has been a busy week at school with the summer disco taking place last night, lots of sports events, our Year 6s watching the Toot Hill production and the launch of the Summer Reading Challenge – full details further down the newsletter.

However, the biggest shout out is needed for the Girls Cricket Team who took part in the Nottinghamshire Cricket Finals on Wednesday finishing an excellent fifth. Sadly, I wasn't able to go along but from what I have heard, the girls played brilliantly and were unlucky not to make it through to the final. Well done to all the girls involved and a big thank you to Mr Maylard-Mason for organising everything.

The events are coming thick and fast at this time of year. Next Friday, we have the Summer BBQ which is a real highlight of the school calendar. Lots of planning has been taking place and fingers crossed that the good weather we have been enjoying extends to the end of next week. Looking forward to seeing lots of families coming along. **If you have not already done so, please complete and return food slips to the office.**

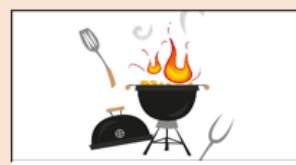
Have a great weekend.

Best Wishes



James Evelyn  
Headteacher, Robert Miles Junior School

## Summer 2025 BBQ At Robert Miles Junior School



You are invited to our Annual Summer BBQ on  
**Friday 11<sup>th</sup> July.**

There will be lots of family fun including:

BBQ

Bar

Childrens refreshment

Stocks with Mr Evelyn / Mr Jennings

Inflatable Shoot out and Axe throwing

Tombola

Childrens Games & More

**6.30pm – 9pm**

**Free Admission**

**All children must be accompanied by an adult.**

### School Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance. Our target is for each child to have an attendance figure of at least 95%.

3B	97.8%
3J	95.7%
4H	93.7%
4M	95.0%
5AC	98.8%
5G	96.9%
6L	99.1%
6M	95.9%
<b>All</b>	<b>96.6%</b>



Congratulations to  
6L for having the  
best attendance  
this week!

## House Points

Jupiter	930
Mercury	1,011
Neptune	983
Saturn	905

Children are earning House Points each and every day for showing the REACH values, making good choices and doing their very best. These are the latest totals for this term.



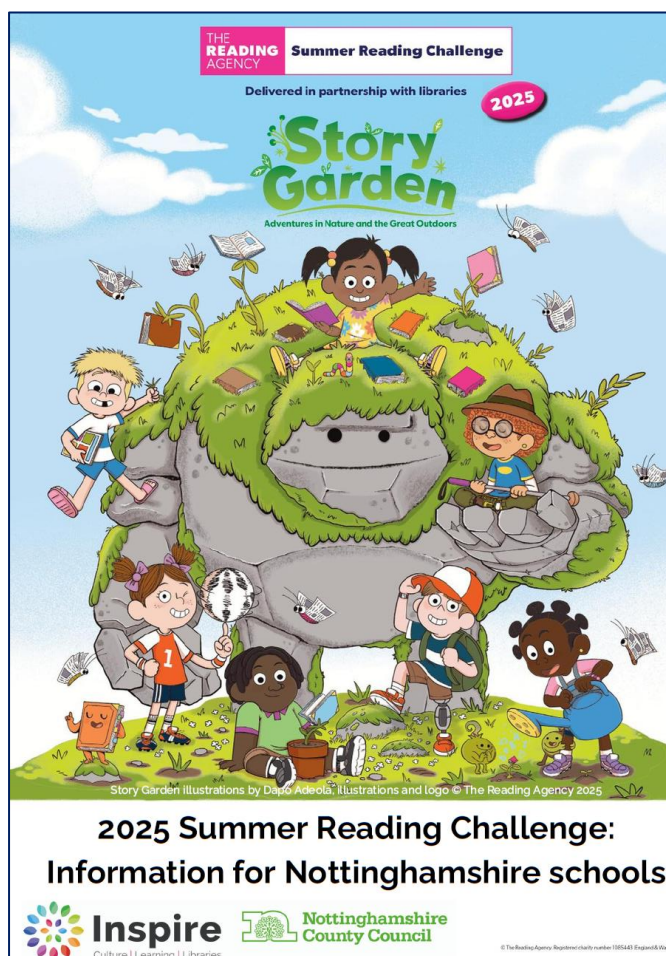
## \*\*\* Summer Reading Challenge – Starts on Saturday \*\*\*

On Monday, we were joined in assembly by Maria and Carole from Bingham Library who were with us to join the annual Summer Reading Challenge. Last year over 8,000 Nottinghamshire children took part.

Recent research shows that only 1 in 3 children and young people now enjoy reading, a drop of 33% since 2005 (Clark, et al., 2024) The library – and the school – are on a mission to change this and need your help! Please encourage your child to take part in the Summer Reading Challenge.

### How it works:

- Children can sign up at any Nottinghamshire Inspire library, where they will receive a special collector's sticker booklet.
- Children borrow and read 6 library books of their choice – logging their reading to earn stickers to complete the sticker booklet.
- Library staff and volunteers are on hand to talk to children about the books they have read.
- Children who complete the Challenge in libraries receive a certificate and a medal.



## Honours Assembly

Congratulations to these children whose success was celebrated at Honours Assembly this week and some of their work was shared with all the children in the school.

3J	Fraser Nurse & Laceigh-Mae Coulter
3B	Ella Wong & Ava Austin
4M	Hilary Yuen & Rosie Watkins
4H	Camille Bee & Archie Chalke
5G	Jenny Towers & Hazel Yeung
5AC	Edward Hitchcox & Phoebe Camidge
6M	Mason Spencer & Florence Lee
6L	Holly Askham & Jerry Lamb

## Times Tables Rock Stars

### Times Tables Rockstars

Congratulations to the following children who have topped the charts for their work on TTRS this week:

**Most correct answers:** Cassie, 4H

**Most coins earnt:** Cassie, 4H

**Biggest improvement in accuracy:** Logan, 3J

**Biggest improvement in speed:** Kiera, 3B

## Nottinghamshire Girls Cricket Final

The RMJS Girls Cricket team travelled to Caythorpe CC to take part in the County-wide Nottinghamshire finals day, and it was an unusually damp start to the tournament with light rain falling on the 12 participating schools.

The morning saw the group stages with the girls drawn with Holy Cross, Chetwyn Spencer and the Nottingham High School. Having won the Rushcliffe District tournament two weeks before, the girls were high on confidence and this showed in their first game as they ran well to beat the Ashfield District Champions, Holy Cross. Next up were Chetwyn Spencer from Broxtowe and this time the girls scored quickly, hitting boundaries and bowling superbly for a second win.

This set up the final match of the group against Nottingham High School, who the team had beaten narrowly two weeks earlier to become District Champions. Unsurprisingly, this was another incredibly close game, with the girls needing 266 to win. Chasing the total, the girls kept up with the run rate and needed two to win off the final ball and were narrowly run out.

A great effort in a losing cause, and the girls were put in the 5th - 8th place semi-finals in the afternoon session. Their semi-final was against Barnby Road, and although the team were noticeably not at their best, they recorded another win to make the final and a chance to be the 5th best school in Nottinghamshire. Facing Bassetlaw's Ramsden school, the girls batted superbly and won by 24 runs to cap an incredible couple of weeks.

Winning 9 games out of 10 played, the team showed high standards of cricket and sporting behaviour and deserved their high finish. Well played girls!



## Football vs Bingham Primary

What a fantastic afternoon for RMJS as we took on Bingham Primary in our first ever football fixture together—and what a way to mark the occasion! Our mixed team truly rose to the challenge, delivering a dominant 15-0 victory that showcased not only their skill and determination but also brilliant teamwork throughout. From the first whistle to the last, RMJS created chance after chance with sharp passing, excellent movement, and a real hunger for goal. Every player gave their all, supporting one another both on and off the ball. A huge well done to the team—you've set the bar high for future matches!



## Year 6 Mayan Day

Year 6 enjoyed a Maya history day on Tuesday, led by Partake. Coming at the end of our current topic, it allowed the children to consolidate much of what they have learnt, as well as soak up new knowledge from these experts. For instance, maize was so important to this ancient civilisation that they used wooden contraptions to change the shape of children's heads to replicate the shape of maize! Workshops took place in hot chocolate making, analysing artefacts, the Maya writing system and Poketok. A great day was had by all.



## Weekly Menu w/c 7<sup>th</sup> July 2025

### Monday

- Pork Sausage toad in the hole and home-baked potato wedges with a choice of vegetables or mixed fresh salad.
- Veggie sausage toad in the hole and home-baked potato wedges with a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Banana Mousse.

### Tuesday

- Red Tractor mild chicken curry, mixed wholegrain and white rice with a choice of vegetables or mixed fresh salad.
- Vegetarian curry mixed wholegrain and white rice with a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Marble sponge and custard.

### Wednesday

- Roast chicken with gravy, stuffing and mash potato or roast potatoes with a choice of vegetables or mixed fresh salad.
- Quorn grill with gravy, stuffing and roast potatoes with a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Strawberry jelly.

### Thursday

- Wholemeal margherita pizza and pasta salad with a choice of vegetables or mixed fresh salad.
- Macaroni cheese with a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Vanilla cookie.

### Friday

- Fish fingers and chips with a choice of vegetables or mixed fresh salad.
- Cheese flan with chips, ketchup and a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Iced sponge cake with sprinkles.

## Upcoming Dates w/c 7<sup>th</sup> July 2025

### Monday 7<sup>th</sup> July 2025

- No Film Club – this has now finished for this term.

### Tuesday 8<sup>th</sup> July 2025

- Girls cricket club with Mr Maylard-Mason 08.15am to 08.55am.
- Choir Rehearsals 3.30pm to 4.45pm

**Wednesday 9th July 2025**

- No Bible explorers.

**Thursday 10th July 2025**

- Martial arts club with Mr Dexter 08.00am to 08.45am
- Year 3 swimming. Please remember your swimming kit (including towel and a bag to put wet items in) and any inhalers required.
- Rounders Club –3.30pm to 4.30pm. Please bring a drink and any inhalers needed. This club is now full.

**Friday 11<sup>th</sup> July 2025**

- **School BBQ 6.30 -9pm. Free entry. Please remember your tokens if you have pre-ordered food. A small amount of food will be available to buy on the evening.**



We share E-Safety information from National Online Safety with parents in the Robert Miles newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

## 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

## 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

## 3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

## 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

## 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

## FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5787 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

**The NSPCC:** the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0800 800 5000

## 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

## 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

## 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

## 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

## 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



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