

Robert Miles Junior School Newsletter – 17th October 2025

*** Inset Day – 24th October ***

Parents are reminded that next Friday (24th October), school will be closed to all children for a staff inset day. School reopens after the half term holiday on Monday 3rd November.



Dear Parents,

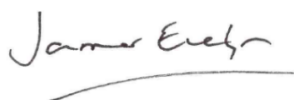
Residential What a pleasure it was to join our first group of Year 6s at Dukes Barn this week. They really were a joy to be with, were enthusiastic, well mannered and a credit to the school. It is always interesting to see how the children compare in a very different setting to school and also to get to know them a little better. It was particularly pleasing to see children who were initially reluctant to take on certain activities have a go and then enjoy the satisfaction of completing it. All these things are reasons why residential are such an important part of education. We will share more photos in next week's newsletter and are also hoping to give Year 6 parents access to a folder of photos.

Disco Coming up on the Thursday after half term (6th November) is the Bonfire Night Disco. This will follow the usual format with a 6pm start and parents collecting promptly at 7.30pm. £3 entry. Please see the poster further down for more information.

School Lunches New menus are being introduced after half term. These are now on the school website under parents /school dinner menu or click [here](#).

Have a great weekend

Best Wishes



James Evelyn
Headteacher, Robert Miles Junior School

Autumn Term Dates

24 th October	Inset Day
w/c 27 th Oct	Half Term
31 st October	Secondary Application Deadline
6 th November	Bonfire Night Disco (6.00 - 7.30)
17 th & 19 th Nov	Y4, Y5 & Y6 Parents Evening
4 th December	Y5 Space Trip
10 th December	Christmas Lunch
16 th December	Y3/4 Carol Performance (2.45pm)
17 th December	Y5/6 Carol Performance (2.45pm)
19 th December	Last Day of Term

School Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance. Our target is for each child to have an attendance figure of at least 95%.

3B	94.6%
3J	98.6%
4H	99.3%
4M	97.1%
5AC	98.6%
5G	92.6%
6L	98.7%
6TM	97.6%
All	97.1%

Congratulations to
6L for having the
best attendance
this week!



*** Fundraising ***

We are raising money for a new Trim Trail with events taking place across the year. We are looking for parents and local businesses to support us – please contact Mr Evelyn if you would like to help. We have a Go Fund Me page and you can donate [here](#).



House Points

Jupiter	1,483
Mercury	1,463
Neptune	1,418
Saturn	1,343

Children are earning House Points each and every day for showing the REACH values, making good choices and doing their very best. These are the latest totals for this term.



Black History Month

We have devoted a number of assemblies over the past few weeks to Black History Month.

This year we have looked at different people of interest to our school community including former Play School presenter, Floella Benjamin, who is now a Member of the House of Lords – lots of staff members remember her from their childhood. We also looked at former Nottingham Forest player, Viv Anderson, who was the first black player to play for England. He was born in Clifton with his family having moved to England from Jamaica – we looked at what life would have been like for people arriving from Jamaica in the 1950s.



One of the questions that is sometimes asked is why there is a need for Black History Month. The main reason is an acknowledgment that people of African and Caribbean heritage have been a key part of British history for centuries with campaigners believing their value and contribution to society is often overlooked.

Pupil Parliament

Last Friday, Jacob and Eryn joined children from lots of other Rushcliffe schools to take part in the Rushcliffe Pupil Parliament. This event is held every term at County Hall in West Bridgford and focuses on aspects of democracy along with a debate about a specific issue.

The debate this time around was on whether schools should retain a uniform. As they always do, the children had lots of insightful thoughts and reflections with a secret ballot taking place at the end of the session. We await the outcome!

Well done to Jacob and Eryn for taking part and giving thoughtful and insightful contributions!



Equals Trust Consultation on Proposed Admissions Arrangements

The Equals Trust is currently running a consultation on proposed admissions arrangements for the academic year 2027-2028. The Trust is proposing moving from a single school's policy to one across the trust.



Further information can be found here: <https://www.equalstrust.org/our-trust/admissions-consultation/>

The consultation is open from Monday 13th October until Monday 1st December 2025.



Hair feathers



Inflatables



Tattoos,
flower
crowns,
props &
more...

School disco

SHOP

**MOST ITEMS
£1.50
OR LESS**

★ PLUS
Beautiful
handmade
key chains
& bracelets
£2.50 and
under ★

Thursday 6th Nov 6pm-7.30pm

RAISING MONEY FOR THE SCHOOL!



Hats & wigs



Bracelets



We are happy to publicise local events and activities for children in the newsletter particularly ahead of holiday periods. (Please note the school is not endorsing these events as they are run separately.) Any enquiries should be made through the website address shown on the leaflets.

ACTIVITIES FOR TEENS

FOR AGES 11 - 16 THIS OCTOBER HALF-TERM





TRIP TO THE CITY GROUND

Tuesday 21st October
4:00pm to 6:30pm

See behind the scenes of a Premier League football club, from the changing rooms to the boardroom.



TRIP TO ADVENTURE GOLF

Thursday 23rd October
4:00pm to 6:30pm

Take on exciting challenges at Adventure Golf, testing your skills and enjoying a fun day out.



FOOTBALL & MULTI SPORTS ACTIVITIES

Toothill School Leisure Centre
Tuesday 28th & Thursday 30th October
3:00pm to 5:30pm

Enjoy two action-packed days taking part in football and a variety of multi-sport activities.



Transport is included for the City Ground Trip & Adventure Golf Trip from Toothill School. Meet time and exact location will be provided when you book.

Food will be provided at the end of every session for attendees to take home.

Free spaces to young people aged 11-16 on Free School Meals and those who receive additional support.

A limited number of paid places are available at £14.99 a day.

For more information, please contact:
HAF@nottinghamforest.co.uk

CLICK TO BOOK



NOTTINGHAM FOREST COMMUNITY TRUST



Weekly Menu w/c 20th October 2025

Monday

- Pork Sausage toad in the hole and home-baked potato wedges with a choice of vegetables or mixed fresh salad.
- Veggie sausage toad in the hole and home-baked potato wedges with a choice of vegetables or mix fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Banana Mouse.

Tuesday

- Red Tractor mild chicken curry, mixed wholegrain and white rice with a choice of vegetables or mixed fresh salad.
- Vegetarian curry mixed wholegrain and white rice with a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Marble sponge and custard.

Wednesday

- Roast chicken with gravy, stuffing and mash potato or roast potatoes with a choice of vegetables or mixed fresh salad.
- Quorn grill with gravy, stuffing and roast potatoes with a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Strawberry jelly.

Thursday

- Wholemeal margherita pizza and pasta salad with a choice of vegetables or mixed fresh salad.
- Macaroni cheese with a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Vanilla cookie.

Friday

- Inset day

Upcoming Dates w/c 20th October 2025

Monday 20th October 2025

- Film and tabletop activity club 3.30-5.15pm. The film showing this week is Up. There is a £3.50 compulsory charge for orange squash and biscuits at this Club. Please use our online payment system to pay for this. Payment needs to be made in advance.
- Handball Club for years 5 and 6. 08.15-8.55am. Children need to bring their PE kit, a drink and any inhalers they may use. The club will be in the school hall.

Tuesday 21st October 2025

- No activities.

Wednesday 22nd October 2025

- Honours Assembly
- Girls cricket club 3.30-4.30pm. (Now full) Children need to have their PE kit, a drink and any inhalers they may need.

Thursday 23rd October 2025

- Martial arts club (with Mr Dexter) for years 4,5 and 6 08.00am to 08.45am.
- **No Swimming**

Friday 24th October 2025

- SCHOOL INSET DAY

A reminder that all children need to be collected from their afterschool clubs by family member/friend who are over the age of 16.

We share E-Safety information from National Online Safety with parents in the Robert Miles newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about MEMES

WHAT ARE THE RISKS?

Memes may look like simple jokes, but, for many teenagers, they form a shared cultural language. Quickly created and reworked, they spread across social media platforms as images with text or short videos. Nearly eight in ten teenagers share memes (79%, YPulse), making them part of daily life. While memes encourage creativity and participation, they can also spread misinformation or reinforce harmful stereotypes.

SPREADING MISINFORMATION

While memes help to communicate complex topics, they can also spread misinformation. Memes may sometimes include content presenting false facts or biased viewpoints, especially around health, politics, or current events and, as they're designed to be shared quickly, young people may not question their accuracy.

EXPOSURE TO INAPPROPRIATE CONTENT

Memes are widely circulated, and not always age-appropriate, meaning young people may encounter explicit language, sexual content, or graphic imagery, even without searching for it. As memes spread fast on platforms like Instagram, TikTok, or WhatsApp, it's nearly impossible to filter them completely.

MASKED MESSAGES

Some memes are designed to be confusing or layered with hidden meanings, making them hard for parents, and, sometimes, other young people to understand. Online groups often create these memes to look like inside jokes, but they can sometimes conceal offensive, harmful, or misleading content.

HIDDEN HARMS & LOSING SENSITIVITY

When serious topics like violence, racism, or mental health are turned into jokes, children and young people may become less sensitive to these issues over time. While a funny meme may seem light-hearted, it can carry messages that belittle certain groups, encourage risky behaviour, or mock personal struggles. Repeated exposure through memes can make harmful behaviour seem normal or less important. Over time, this can blur their understanding of what is funny versus what is discriminatory, harmful, or damaging to themselves and others.

PERMANENT DIGITAL FOOTPRINT

Unlike spoken jokes, memes leave a trail. Created or shared memes can resurface later and be misunderstood, even if intended as harmless. Once online, memes may be copied, saved, or spread beyond a young person's control - digital actions can follow them into their future, shaping how they are perceived by peers, teachers, or even employers long after the original meme has been shared.

Advice for Parents & Educators

ENCOURAGE OPEN CONVERSATIONS

Talk regularly with young people and try to understand their online world - discuss what they find funny about the memes, and why. By listening without judgement, you build trust, making it easier for them to come to you if they see something harmful. Open conversations also help children and teens think critically about the messages behind memes rather than simply accepting them at face value.

MODEL HEALTHY BOUNDARIES

Show children and teens positive online behaviours, such as taking breaks from screens, avoiding late-night scrolling, and engaging in offline activities. Setting clear routines around screen time at home can help to reinforce healthy boundaries and reduce the risks of overuse. By modelling balanced technology use, adults can help children and young people see that digital entertainment, including memes, should be just one part of life.

TEACH DIGITAL LITERACY

Help children and young people learn to question where information comes from and whether it's reliable - developing media literacy skills prepares young people to understand and navigate through their future online lives. Show them how memes can sometimes exaggerate or misrepresent facts for laughs, and encourage them to check credible sources when memes claim to present truth.

FOSTER EMPATHY ONLINE

Remind children and young people that memes should never come at someone else's expense. Encourage them to think about how a meme might make another person feel before sharing or creating it. Highlight examples of positive memes that celebrate creativity without hurting others. Fostering empathy, respect, and kindness in digital spaces will help them become more aware of promoting a safer, more supportive online culture.

Meet Our Expert

Dr Cristina Moreno-Almeida is a Senior Lecturer in Digital Culture at Queen Mary University of London. She specialises in memes, online networks, and youth culture, examining how digital spaces shape identity and everyday life.



See full reference list on our website

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