



Robert Miles Junior School Newsletter – 28th November 2025



Dear Parents,

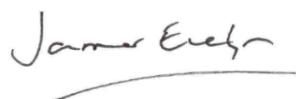
We are fast approaching the busy end of term period with lots happening over the coming weeks.

- Next Wednesday, we are running our **Reading Café**. Parents and children are welcome to come along and start the day with a good book and some breakfast. Have a look further down the newsletter for more information.
- Tickets for the **2025 Carol Concerts** are now available to buy either online or in cash at the office. We would really like to encourage parents to purchase the tickets online, but if not you can send the money into school in an envelope with your child's name and we will return the tickets to you. If you pay online, we will do the same so please check your child's bag for tickets. Unfortunately, we are only able to offer 2 tickets per child for the performances; children over 3 need their own ticket.
- We're running a **Christmas Hamper Prize Draw** and kindly request a seasonal donation towards this. Each year has its own colour theme, so please send donations in the relevant colour:
 - Year 3 – Red donations
 - Year 4 – Green donations
 - Year 5 – Gold/yellow donations
 - Year 6 – Silver/white donations



Please choose non-perishable seasonal food & drink items (e.g. wine, mince pies, crackers for cheese, chocolates), gifts or table decorations. Please bring donations to the school office. For a chance to win one of the hampers, entries can be purchased online via Arbor. Each entry will be priced at £1 and you can purchase as many entries as you wish.

Best Wishes



James Evelyn

Headteacher, Robert Miles Junior School

Autumn Term Dates

3 rd December	Reading Cafe
4 th December	Y5 Space Trip
10 th December	Christmas Lunch
11 th December	Christmas Jumper Day
16 th December	Y3/4 Carol Performance (2.45pm)
17 th December	Y5/6 Carol Performance (2.45pm)

School Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance. Our target is for each child to have an attendance figure of at least 95%.

3B	91.5%
3J	88.6%
4H	98.9%
4M	91.1%
5AC	90.9%
5G	97.0%
6L	92.7%
6TM	92.2%
All	92.9%



Congratulations to 4H for having the best attendance this week!

*** Fundraising ***

We are raising money for a new Trim Trail with events taking place across the year. We are looking for parents and local businesses to support us – please contact Mr Evelyn if you would like to help. We have a Go Fund Me page and you can donate [here](#).



*** Collection during the Day ***

We have had a significant increase in parents collecting their children during the school day for appointments – often with minimal notice. This can be very disruptive for teachers as children miss out on teaching input with catch up then needed. We do understand that appointments sometimes unavoidably fall during the school day but please can we ask that as far as possible, they take place before or after school. If you are collecting during the school day, we ask, that you notify the office no later than the day before.



An Invitation to Our Reading Café!

Wednesday 3rd December - 8.00 – 8.45 am

Join us on Wednesday morning for a warm and welcoming reading experience at our **Reading Café**.

A Cosy Start to Your Day: Picture this: the aroma of freshly made toast, the comforting hum of soft conversation, and a wealth of captivating books. Our Reading Cafés are a great way to start your day – a relaxed, informal gathering where parents, carers, and children can enjoy a small breakfast snack and quality time reading together.

Engaging Reads & Friendly Faces: Our Reading Café is a wonderful opportunity to...

- **Explore new stories** from our diverse collection.
- **Share books and ideas** with fellow readers.
- **Listen to captivating stories** read aloud.
- **Enjoy a breakfast** while diving into a great book.

Come and be part of our community that celebrates the joy of reading in a calm, friendly atmosphere.

**Feel free to bring along a cushion or a picnic blanket
and your favourite cuddly toy!**

It's the perfect place to unwind with a good book and
enjoy the magic of storytelling.

All welcome!

See you Wednesday morning! ☀



Honours Assembly

Congratulations to these children whose success was celebrated at Honours Assembly this week and some of their work was shared with all the children in the school.

3J	Skyla Thompson & Harper Attenborough
3B	Erin Withers & Oliver Clay-Varley
4M	Ororo Chan & Caleb Crunkhorn
4H	Henry Avery & Henry Mawer
5G	Florrie Murray & Charlotte Chui
5AC	Otis Lamb & Carson Lam
6TM	Jacob Spalding & Alyce Barnes
6L	Phoebe Forster & Adrian Chan

House Points

Jupiter	721
Mercury	697
Neptune	820
Saturn	645

Children are earning House Points each and every day for showing the REACH values, making good choices and doing their very best.!



Times Table Rockstars

Times Tables Rockstars

Congratulations to the following children who have topped the charts for their work on TTRS this week:

Most correct answers: Kylo, 3J

Most coins earnt: Katie, 4H

Biggest improvement in accuracy: Torres, 3B

Biggest improvement in speed: Lottie, 3J

Reverse Advent Calendar Food Donation Scheme

A huge thank you to everyone who has donated an item to our Reverse Advent Calendar Food Donation Scheme at school over the last few weeks. During Friday lunchtime, Mrs Alcock and some children from school, delivered 8 huge supermarket shopping bags full of goodies to the Methodist Ce

ntre in Eaton Place where Sarah Hobbs, the family and youth worker there, gratefully received our donations. A team will now transport all the goods collected in Bingham to the Grantham Foodbank, where it will be sorted, bagged up and delivered to vulnerable families as part of the Trussell Trust Organisation. Thank you for your support and for helping to make a difference in the community this winter.



Sports Update

Year 5 had a cracking time rowing this week, and it was a brilliant experience for everyone involved. The goal was simple; have fun, push ourselves a bit, and maybe try something completely new. What made us proud, was that the children did exactly that. They rowed against their previous bests with real heart and plenty of smiles. With other schools taking part too, the whole event had a great community feel, and our pupils represented RMJS beautifully throughout. A proper feel-good activity which, as always, we proudly attended.



School News

merry CHRISTMAS
COMPETITION TIME
CHRISTMAS CARD COMPETITION

MAXIMUM SIZE: A3 PAPER
 BE CREATIVE!
 PRIZES TO BE WON!
 WINNING CARDS DELIVERED TO THE TEACHERS

DEADLINE
FRIDAY 12TH DECEMBER

HAND INTO THE YEAR 4 SHARED AREA

Christmas Hamper Prize Draw

Please donate a seasonal item for our Christmas hamper prize draw following the colour scheme below:

Year 3 - Red donations
 Year 4 - Green donations
 Year 5 - Gold/yellow donations
 Year 6 - Silver/white donations

Boxes will be in the shared areas
 Mon 8th - Thurs 11th Dec

(Examples: wine; non-perishable foods such as mince pies, crackers for cheese, chocolates; gifts; table decorations)

Don't forget, children can come to school in a **Christmas jumper** or **Christmas accessories** on **Thursday 11th December!**

PLEASE WEAR SCHOOL UNIFORM UNDERNEATH

ENTRIES FOR THE CHRISTMAS HAMPER PRIZE DRAW ARE AVAILABLE TO PURCHASE ON ARBOR FOR £1 EACH UNTIL 14/12/25.

Weekly Menu w/c 1st December 2025

Monday

- Pork sausage roll with home baked potato wedges with a choice of vegetables.
- Cheese and onion pastry roll with home baked potato wedges with a choice of vegetables.
- Jacket potato with a choice of cheesy beans, tuna mayo or cheese or beans.
- Vanilla shortbread & chocolate sauce.

Tuesday

- Meat bolognese and veggie bolognese.
- Jacket potato with a choice of cheesy beans, tuna mayo or cheese or beans.

- Chocolate & pear crumble & custard.

Wednesday

- Roast chicken with gravy, stuffing, mash or roast potatoes with a choice of vegetables.
- Quorn grill with gravy, stuffing and roast potatoes with a choice of vegetables.
- Jacket potato with a choice of cheesy beans, tuna mayo or cheese or beans.
- Strawberry jelly.

Thursday

- Wholemeal tomato and cheese pizza with home baked potato wedges with a choice of vegetables.
- Vegetable sausage in a bun with home-baked potato wedges with a choice of vegetables.
- Jacket potato with a choice of cheesy beans, tuna mayo or cheese or beans.
- Flapjack.

Friday

- Fish fingers and chips with a choice of vegetables.
- Jacket potato & mild vegetable chilli with a choice of vegetables.
- Jacket potato with cheesy beans, tuna mayo cheese, salmon mayo or beans.
- Vanilla ice cream.

Upcoming Dates w/c 1st December 2025

Monday 1st December 2025

- Handball Club for years 5 and 6 (**GROUP TWO**) 08.15-8.55am. Children need to bring their PE kit, a drink and any inhalers they may use. The club will be in the school hall.

Tuesday 2nd December 2025

- Rehearsals for Young Voices Choir 3.30pm - 4.45pm

Wednesday 3rd December 2025

- Reading Café – 8am. All parents and children welcome!
- Dodgeball Tournament. Selected children are aware. Leave school at 9am, children will need to come to school in their PE kit and have a packed lunch. Please remember to bring any inhalers, medicines etc.
- Art Club 3.30- 5pm There is a £2.00 compulsory charge for art supplies. Please use our online payment system to pay for this. Payment needs to be made in advance.

- Dodgeball Club is cancelled this week

Thursday 4th December 2025

- Martial arts club (with Mr Dexter) for years 4,5 and 6. 08.00am to 08.45am.
- Year 3 swimming. Please remember your swimming kit (including towel and a bag to put wet items in) and any inhalers required.
- Year 5 visit to The National Space Centre. Please remember to bring a packed lunch and plenty to drink. Please ensure your child wears school uniform, sensible shoes, a coat and a rucksack. We will be returning to school by 4.15pm, you will need to collect your child from the school hall.

Friday 5th December 2025

- Handball club for years 3 and 4 (**GROUP TWO**). 8.15-8.55am. (Now full) Children need to bring their PE kit, a drink and any inhalers they may use. The club will be in the school hall.
- Cross-country Club for years 5 and 6. As this is a lunchtime club the children must bring a packed lunch. Children need their PE kit plus extra layers in case it is cold or raining a carrier bag and any inhalers required

We share E-Safety information from National Online Safety with parents in the Robert Miles newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about TIKTOK

WHAT ARE THE RISKS?

Online videos are often associated with apps such as YouTube, but among teens, TikTok is king. The app provides a potentially addictive, never-ending stream of short clips tailored to users' interests based on their viewing habits. Around half of British children use TikTok, and while most content is benign, Ofcom considers it the app where young people are "most likely to encounter a potential harm".

AGE RESTRICTION

13+
(Certain features are restricted to over-18s only)

AGE-INAPPROPRIATE CONTENT

TikTok's Following Feed shows videos from known creators, while the default For You Feed serves endless clips based on viewing history. Most are harmless, but unsuitable content can still appear, and watching for long enough signals interest to the algorithm. Although TikTok bans illegal or inappropriate uploads, the volume of posts means some slip through, increasing the chance that children encounter age-inappropriate material before it is detected or removed.

CONTACT WITH STRANGERS

Between 1.6 and 1.9 billion people use TikTok, meaning there's a high risk of unwanted attention from strangers. Accounts created by over-18s (or young people using a fake date of birth) are set to public view by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and allows anyone to download or comment on them.

BODY IMAGE AND DANGEROUS CHALLENGES

Ofcom reports that most online harms for girls involve body image, while boys more often see dangerous stunts. Both types appear frequently on TikTok and spread quickly through its engagement-driven algorithm. Harmful challenges have included the "blackout" trend, where users held their breath until passing out. Families filed lawsuits after children died linked to the trend, showing how extreme or risky content can rapidly reach young people and negatively influence them.

MISINFORMATION AND RADICALISATION

TikTok's short videos may appear lighthearted, but they can expose young people to harmful ideas. Misinformation is common, and Ofcom reports that nearly one third of 12-15-year-olds use TikTok as a news source, increasing the chance of seeing racist, misogynistic, extremist or conspiracy material. Even brief clips can influence impressionable users and shape their worldview, making discussions about critical thinking, propaganda and online influence especially important for parents and educators.

IN-APP SPENDING

TikTok is free, but children can still spend money. TikTok coins, costing £9.99 to £224.99, let users buy gifts for creators. TikTok Shop adds risk by allowing purchases from influencers or companies, sometimes leading to poor-quality items driven by persuasive marketing. A Canadian investigation found TikTok collected personal data from many children for targeting and advertising despite age limits, meaning young users may lose control over their personal information.

ADDICTIVE DESIGN

TikTok's fast-paced stream of eye-catching videos can be potentially addictive for young users. In 2024, UK children spent an average of 127 minutes per day on the platform, double the time recorded in 2020. Excessive use can disrupt sleep, increase irritability, and distract from healthier activities. Constantly skipping between short clips may also affect attention span, making it harder to focus on longer tasks such as homework or reading.

Advice for Parents & Educators

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's in order to manage settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children cannot alter these settings without parental approval.

BLOCK IN-APP SPENDING

Parents can restrict in-app purchases on iPhone and Android devices to prevent accidental or impulsive TikTok spending. Young people can easily spend large amounts on TikTok coins or low-quality products promoted through TikTok Shop. If a disappointing purchase occurs, turn it into a discussion about influencer marketing and how online promotions can be misleading.

DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure they don't share any identifying personal information or respond to dangerous trends, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's important to talk about misinformation and propaganda.

READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



#WakeUpWednesday

The National College

See full reference list on our website

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Release date: 28.11.2025