

Robert Miles Junior School Newsletter – 9th January 2026

Dear Parents,

I hope everyone had an enjoyable Christmas break with friends and family. The end of last term certainly felt busy with assessments, performances and plenty more happening. I know there were also plenty of coughs and colds in December so it has been nice to have everyone back in school this week.

I always feel that spring is the term where children make perhaps the most progress – settled into their new group with relationships all in place and making progress. Please continue to help support us by making sure your child is here each and every day. **For parents in Year 6, please don't miss the SATs Parent Session which Mrs Melhuish and Miss Lanagan will be running next Thursday (15th January) at 6pm.** They will talk about the upcoming assessments, how we will be supporting the children and how you can help at home.

Cycling in Eaton Place We have been contacted by one of the Bingham councillors about children cycling through Eaton Place in the town and some near misses that have occurred with local residents. It is not clear which school the children attend but I have been asked to inform parents about this. If your child is out on their bicycle in the town, please ask them about this and repeat the message about only cycling in areas designed for cyclists.

Have a great weekend.

Best Wishes



James Evelyn
Headteacher, Robert Miles Junior School

*** Careers – Parents Needed ***

Our PSHE topic this term is 'Dreams and Goals' and includes a focus on careers. We would love to add some extra interest to our teaching by inviting parents to come in and talk to the children about their jobs – what your job involves / what you like about it / the training involved / what kind of person it would suit etc.

If you are interested in coming in to speak to children either in class (around 30 mins) or in assembly (15 to 20 mins), please let us know. A teacher will be with you throughout to support and prompt discussion. We are planning to run these sessions on 3rd February and 5th February so please let us know which date works best and preferred times. If these times do not work, please let me know as I am sure we can look at other options. Above all, we want the children to find out as much as possible about different career paths.

Spring Term Dates

15 th January	(6pm) Year 6 SATs Parent Meeting
16 th January	Young Voices Singing Event
23 rd January	Break the Rules Fundraiser
30 th January	SEND Parent Coffee Morning
10 th February	Year 4 Bikeability
11 th February	Reading Café
w/c 16 th Feb	Half Term
26 th Feb	Scholastic Book Fair (for 5 days)

School Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance. Our target is for each child to have an attendance figure of at least 95%.

3B	99.4%
3J	96.5%
4H	95.8%
4M	97.7%
5AC	95.2%
5G	96.7%
6L	96.9%
6TM	95.3%
All	96.7%

Congratulations to 3B for having the best attendance this week!



Times Tables Rockstars

Congratulations to the following children who have topped the charts for their work on TTRS this week:

Most correct answers: Theo, 3J

Most coins earnt: Andre, 3J

Bigest improvement in accuracy: Oliver, 3B

Bigest improvement in speed: Dev, 3B

Friends of RMJS



The next Friends of RMJS event is 'Break the Rules' Day on Friday 23rd January.

This event is raising money specifically for the Trim Trail appeal. If you want your child to take part, you can pay by cash or on Arbor.

Have a look at the poster for more details!



Break the rules day!

FOR ONE DAY ONLY, YOU CAN BREAK THE RULES!

£1 PER RULE OR £5 TO BREAK ALL 10.

Only the rules listed can be broken.
Please bring cash on the day or pay online through Arbor.

ALL MONEY RAISED TOWARDS THE NEW TRIM TRAIL

FRIDAY 23RD JANUARY

- Wear NON-uniform**
- Bring an UNHEALTHY snack (no nuts)**
- Have CRAZY hair or wear a HAT (no hair dye)**
- Have temporary TATTOOS**
- Bring a favourite TEDDY**
- SQUASH or JUICE in your water bottle**
- Wear NAIL VARNISH**
- Eat pudding FIRST**
- Wear JEWELLERY**
- Wear MAKE-UP**

FRIENDS OF RMJS

House Points

Jupiter	24
Mercury	32
Neptune	35
Saturn	39

These are the first House Points totals for the spring term! A huge well done to every child for every House Point earned.



Managing Digital Lives

The Children's Commissioner, Dame Rachel de Souza, has published a new guide, 'What I wish my parents or carers knew: A guide for parents on managing children's digital lives.'

This guide was written with the direct involvement of children in England and schools have been encouraged to share it with parents.

Please click [here](#) to access the guide.



Curriculum Newsletters

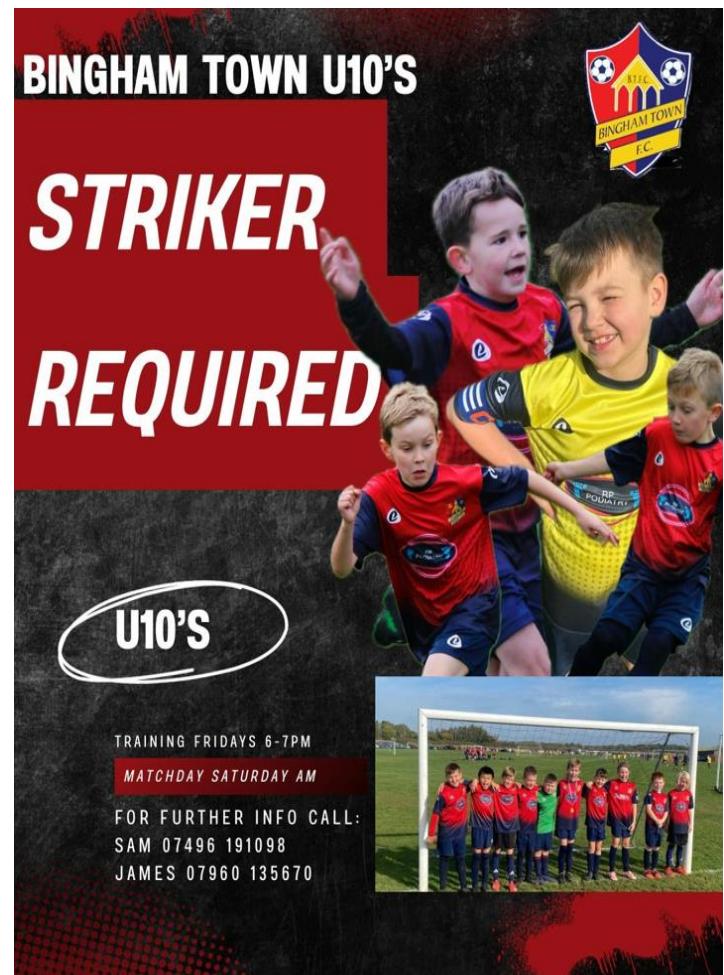
Parents will have received an email with the Spring Term Curriculum Overview for their child's year. These set out what your child will be learning this year and any other information you might need.

The Curriculum Overviews are also on the website [here](#).

<h3>Welcome to Year 4</h3> <h4>Spring Term 2026</h4>	
<p>Happy New Year! The information below is designed to help you and your child get the most out of the current term. If there is anything you are unsure about or if you want extra help/support in any area, please do not hesitate to come into school and have a chat.</p>	
Class Teachers	4M Mr Miller 4H Miss Horsfield
Teaching Assistants	Mrs Fisher, Mrs Pennycook, Mrs White, Mrs Rogerson
Important Dates	York residential meeting - 12.3.26 at 5:30PM
Homework	Reading: 10-15 minutes every day Spellings: weekly practice and test in school. A piece of either maths , English or topic-related work will be handed out every Friday to be handed in by the following Wednesday. Regular times tables practice on Times Tables Rockstars with weekly tests in school.
Home School Diary	Please help your child look to after this and remember to bring it into school every day.
PE	4M Wednesdays with Mr Maylard-Mason 4H Fridays with Mr Maylard-Mason Please ensure your child has their PE kit in school every day just in case there is a timetable change. With colder weather at this time of year, please ensure black tracksuit bottoms are also in your child's PE bag.
English	In our English lessons we will be developing writing skills, focusing on describing settings and creating a feeling of suspense in stories. We will then move on to learn about the features of non fiction text and practice report writing.
Maths	This half term we will continue to explore multiplication and division, before moving on to learning more about fractions and decimals. We will be also calculating the perimeters of shapes.
Geography	Our Geography topic is the rainforest; we will be looking at the location of the world's rainforests and then focusing on the Amazon Rainforest. We will look at the resources provided by rainforests and the problems caused by deforestation.
Science	Our topic in science this term is Living things and their habitats, which will be linked to the Rainforest topic. Children will have the opportunity to explore and use classification keys, group living things and understand changes in environments and the dangers to living things.
Computing	Our computing sessions will cover creating computer animations. Towards the end of term, we will take advantage of the hopefully improved weather in our digit photography unit.

Local Information

We are happy to publicise local events and activities for children in the newsletter particularly ahead of holiday periods. (Please note the school is not endorsing these events as they are run separately.) Any enquiries should be made through the website address shown on the leaflets.



Weekly Menu w/c 12th January 2026

Monday

- Beef burger with home baked potato wedges with a choice of vegetables.
- Vegetable burger with home baked potato wedges with a choice of vegetables.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Chocolate oaty slice.

Tuesday

- Mild chicken curry served with mixed rice with a choice of vegetables.
- Spinach and sweet potato curry with mixed rice and a choice of vegetables.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Syrup sponge pudding with custard.

Wednesday

- Roast gammon with gravy, stuffing, mash or roast potatoes with a choice of vegetables.
- Quorn grill with gravy, stuffing and roast potatoes with a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Apple and cinnamon rolls.

Thursday

- Margherita pizza with home baked potato wedges with a choice of vegetables.
- Sweet and sour vegetables and sunny rice with a choice of vegetables.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Vanilla cookie and fruit slices.

Friday

- Fish fingers and chips with a choice of vegetables.
- Crispy vegetable fingers and chips with a choice of vegetables.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Iced sponge cake with sprinkles.

Upcoming Dates w/c 12th January 2026

Monday 12th January 2026

- Art Club 3.30- 4.30pm There is a £2.00 compulsory charge for art supplies. Please use our online payment system to secure your child's place. Payment needs to be made in advance.

Tuesday 13th January 2026

- Rehearsals for Young Voices Choir 3.30pm - 4.45pm

Wednesday 14th January 2026

- Honours Assembly
- Girls Futsal Club years 4 & 5. 3.30pm - 4.30pm. Children need to bring their PE kit, a drink and any inhalers they may use. The club will be in the school hall. Limited places – if your child has a confirmed place, you will receive a message from the office.

Thursday 15th January 2026

- Martial arts club (with Mr Dexter) for years 4,5 and 6. 08.00am to 08.45am.
- Year 3 swimming. Please remember your swimming kit (including towel and a bag to put wet items in) and any inhalers required.
- SATs parent's information meeting 6pm in the hall.

Friday 16th January 2026

- Young Voices Concert. More details will follow for those involved.
- Cross-country Club for years 5 and 6. As this is a lunchtime club the children must bring a packed lunch. Children need their PE kit plus extra layers in case it is cold or raining a carrier bag and any inhalers required. Weather Permitting.

A reminder that all children need to be collected from their afterschool clubs by family member/friend who are over the age of 16.

Online Safety

We share E-Safety information from National Online Safety with parents in the Robert Miles newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

At the National College, our *WakeUpWednesday* guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

ESSENTIAL ONLINE SAFETY

Children and young people use the internet every day to learn, play, and connect, but the online world is not always safe. For adults, it can be hard to keep up with the risks, including harmful content, cyberbullying and scams. These 10 tips provide clear and practical advice to support safer and healthier digital habits, helping young people to make informed, secure choices when using technology.

1 START EARLY CONVERSATIONS

Begin talking about online behaviour from the moment children start using devices. Use age-appropriate language and revisit topics regularly, making it clear they can speak to you about anything that upsets or confuses them. Keeping these chats open helps build trust, so children are more likely to come to you when needed.

2 PROMOTE SAFER SHARING

Children can overshare without understanding the risks. Remind them that photos, locations, or messages can be copied or shared beyond their intended audience. Explain how even private messages or group chats can be saved and/or misused. Talk about what is appropriate to post, message, and who it's safe to share with.

3 ENCOURAGE DIGITAL BALANCE

Many apps and games are designed to keep users engaged through rewards, likes, or constant updates. These features can make it hard for children to switch off. Talk openly about how these systems work and help children recognise when it's time to take a break. Building in tech-free routines supports a healthier balance and awareness of their screen time.

4 CREATE A SAFE SPACE FOR CONCERN

When children come to you with a concern, respond with interest and care, rather than alarm. Keeping your reaction measured helps them feel safe and supported. This doesn't mean ignoring serious issues; it means showing that you're there to help. When children trust that they can speak openly, they're more likely to feel supported through unpleasant online experiences, and to ask for help in future.

5 STAY INFORMED AND CURRENT

With emerging technologies like AI moving and changing so quickly, it's important to stay updated on how children are using new platforms, apps and games. Ask them to show you what they use and let them take the lead as you explore together. This opens up valuable conversations and helps you stay ahead of emerging risks and trends.

6 TEACH CRITICAL THINKING

Talk to children about how to recognise unreliable information or scams online. With AI-generated videos, photos, and stories becoming harder to spot, help children question what they see and encourage them to look for evidence, check sources, and ask questions. These skills will help them avoid risks, make smart choices, and develop healthy habits for the future.

7 SET CLEAR BOUNDARIES

Involve children in conversations about device usage so they feel included. Agree on digital rules such as screen-time limits, age-appropriate apps, and no devices in bedrooms overnight. Use parental controls to block or filter harmful content and explain that rules are there to protect and support them, not to spoil their fun.

8 LEAD BY EXAMPLE

Children often copy the behaviour of adults around them. Show them what balanced, respectful, and mindful use of technology looks like, such as avoiding scrolling during family time and speaking kindly in messages. If you expect certain behaviour from them online, make sure your own habits reflect the same standards.

9 EXPLORE PRIVACY SETTINGS TOGETHER

Show children how to use privacy tools on apps, games, and websites. Teach them to use strong passwords, block or report others in response to problems, and avoid sharing personal details. Explore settings together so they feel confident and in control, and explain that these features are there to help them stay safe online.

10 KNOW WHERE TO GET HELP

Familiarise yourself with tools and organisations that support online safety. The National College offers online safety guides and webinars which provide tips on staying safe. Websites like Report Harmful Content and CEOP can be used to report when something goes wrong. Show children how to report or block users, and where to go if they feel unsafe. Make sure they know that asking for help is always the right thing to do, and be prepared to support them.

Meet Our Expert

Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their workforces and managing compliance. Our three memberships help all phases and types of setting raise standards, save time, reduce risk, and build a culture of improvement.

See full reference list on our website

#WakeUpWednesday

The National College