



★ Robert Miles Junior School Newsletter – 6th February 2026 ★

Dear Parents,

Reading Café Next week the Reading Café returns on Wednesday. The Reading Café last term was a great success with lots of children and parents coming into school and starting the day with a slice of toast and a good book! All parents are welcome to come along – we look forward to seeing you there.



Spring Term Dates

- 10th February Year 4 Bikeability
- 11th February Reading Café
- 11th February Year 6 Parents Evening
- w/c 16th Feb Half Term
- 26th Feb Scholastic Book Fair (for 5 days)
- 9th March Wonderful Women Gift Shop
- 16th & 18th Mar Y3, Y4 & Y5 Parents Evening

School Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance. Our target is for each child to have an attendance figure of at least 95%.

3B	92.6%
3J	96.7%
4H	97.8%
4M	96.4%
5AC	97.3%
5G	94.0%
6L	90.6%
6TM	98.4%
All	95.4%

Congratulations to 6TM for having the best attendance this week!



Bikeability On Tuesday, two groups of Year 4s will complete their Level 1 cycling skills ready to pass their first Bikeability award. Please can all children involved check that their bikes are fully roadworthy (including lights and brakes in good working order). They can then bring their bikes, along with helmets, ready for Tuesday’s training. Please remember to wear suitable outdoor clothing as the weather may well be cold and wet and you will be outside for a morning or afternoon. We look forward to seeing you all in action!

Have a good weekend.

Best Wishes

James Evelyn
Headteacher, Robert Miles Junior School

*** Chinese New Year Celebrations ***

We are celebrating Chinese New Year at school on Wednesday 25th February.
We would love your help to make the day fun and special for the children.

We are asking for parent helpers at lunchtime to help with games and activities. We already have some activities planned, but also welcome parents bringing their own craft or game to share.

You do not need special skills or experience. Helping for even a short time would be wonderful.

If you are able to help, or would like more information, please let us know.

親愛的家長及照顧者：

本校將於 2 月 25 日 (星期三) 於校內舉行 農曆新年慶祝活動。我們誠邀家長一同參與，為孩子帶來一個更有趣、更難忘的農曆新年！

活動將於 午餐時間 舉行，我們誠邀家長到校協助帶領遊戲及活動。學校已安排部分活動內容，同時亦歡迎家長自備簡單的手作或遊戲，與學生分享新年的喜悅。

你毋須任何特別技能或相關經驗，即使只能短時間協助，我們也非常歡迎。

如您有興趣參與，或希望了解詳情，歡迎隨時與我們聯絡。

感謝您一直以來對學校的支持，期待與大家一同歡度農曆新年！



Careers

talk
about your
career!

Thank you very much to parents who have given up their time to talk to the children about their fascinating careers. It has been a real insight into what jobs involve and the skills needed to be successful. 5AC have learnt about the joys of midwifery, 6L and 3B

have learnt about what it takes to be a graphic designer and 4M have learnt about being an electrician. We have an exciting visitor lined up for assembly next week and more parent talks planned. This fits in really well with our PSHE Jigsaw unit of Dreams and Goals where children have set small, achievable targets and talked about possible future jobs and careers. Year 5 have even looked at the potential salaries of some jobs and their contributions to the wider society. Mrs Alcock has run assemblies about inspiring individuals from the world of sport and space, who have persevered and, despite setbacks, achieved their dream.

If any other parent would like to come in at the end of a day and talk to their child's class about their career please send Mrs Alcock or Mr Evelyn an email to arrange a convenient day.





Egg Brake



Our annual Science and Technology Competition was launched this week. The rules were explained and the children had a chance to see some buggies in action. They have copies of the rules and a planning sheet if they expressed an interest in entering.

This year, competition entries will need to be made at home. You can help your child as much as you like, but they must be able to operate their buggy without your support on the day and be able to explain how it works.

There will be one winner for Years 3 and 4 and one for Years 5 and 6, determined by the buggy which gets closer to the wall without touching it. There will also be winners for the most artistic entry and the most ingenious design. If you have a mixed ages in a design group, they must enter in the higher category.



The two winners will have the opportunity to compete against other schools in the Trust Competition, taking place after Easter. The heats will be taking place on **Wednesday 4th March** with the final on **Friday 6th March**.

If you would like to try out your buggy on the school floor, you are welcome to come in on **Wednesday 25th February 8.15 – 9.00am**.

The designs above are my attempts to give you some ideas. I hope you have fun. Happy designing and making. Mrs Chamberlain.

House Points

Jupiter	949
Mercury	1,088
Neptune	1,115
Saturn	1,020

These are the House Points totals so far for the spring term! A huge well done to every child for every House Point earned.



Times Tables Rock Stars

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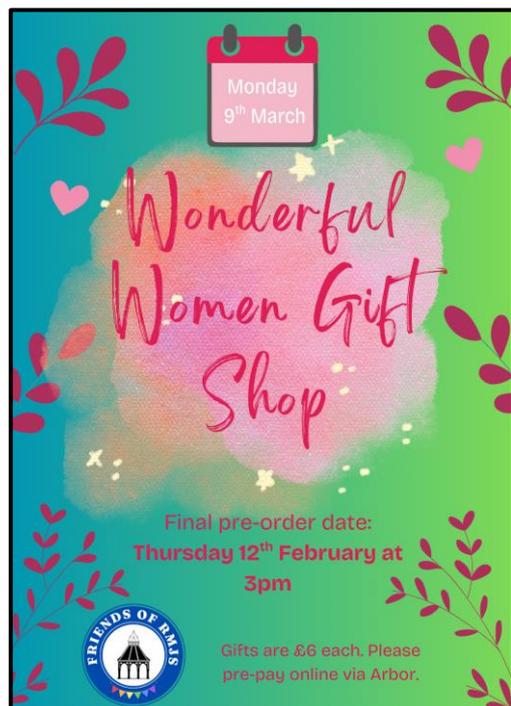
Congratulations to the following children who have topped the charts for their work on TTRS this week:

Most correct answers: Andre, 3J

Most coins earnt: Eli, 3J

Biggest improvement in accuracy: Marcella, 3B

Biggest improvement in speed: Priya, 3B



Wonderful Women's Gift Shop On Monday 9th March, the Friends of RMJS will be holding a 'Wonderful Women' gift shop ahead of this year's Mother's Day. It is a lovely way for your child/children to pick a gift (or gifts) for someone that is special to them, such as their mum, grandma, sister or aunty.

Fundraising We have hit the £4,000 mark as we aim towards raising the money needed for a new Trim Trail. If you are able to support or donate to this target, you can access the 'Go Fund Me' page via the QR code above. If you are taking part in the upcoming Nottingham 10k and want to raise money for this appeal, please let us know and we can include some text on the fundraising page.

Weekly Menu w/c 9th February 2026

Monday

- Pork sausage roll with home baked potato wedges with a choice of vegetables.
- Cheese and onion pastry roll with home baked potato wedges with a choice of vegetables.
- Jacket potato with a choice of cheesy beans, tuna mayo or cheese or beans.
- Vanilla shortbread & chocolate sauce.

Tuesday

- Beef taco with corn tortilla, tomato sauce and sunny rice with a mixed salad or broccoli.
- Lentil fritter taco with corn tortilla, tomato sauce and sunny rice with mixed salad or broccoli.
- Jacket potato with a choice of cheesy beans, tuna mayo or cheese or beans.
- Chocolate & pear crumble & custard.

Wednesday

- Roast chicken with gravy, stuffing, mash or roast potatoes with a choice of vegetables.
- Quorn grill with gravy, stuffing and roast potatoes with a choice of vegetables.
- Jacket potato with a choice of cheesy beans, tuna mayo or cheese or beans.
- Strawberry jelly.

Thursday

- Wholemeal tomato and cheese pizza with home baked potato wedges with a choice of vegetables.
- Vegetable sausage in a bun with home-baked potato wedges with a choice of vegetables.

- Jacket potato with a choice of cheesy beans, tuna mayo or cheese or beans.
- Flapjack.

Friday

- Fish fingers and chips with a choice of vegetables.
- Jacket potato & mild vegetable chilli with a choice of vegetables.
- Jacket potato with cheesy beans, tuna mayo cheese, salmon mayo or beans.
- Vanilla ice cream.

Upcoming Dates w/c 9th February 2026

Monday 9th February 2026

- Dodgeball Club for years 3 & 4. 08.15-8.55am. (Class full) Children need to bring their PE kit, a drink and any inhalers they may use.
- Art Club 3.30- 4.30pm. This class is full. There is a £2.00 compulsory charge for art supplies. Please use our online payment system to pay for this. Payment needs to be made in advance.

Tuesday 10th February 2026

- Bikeability Year 4 – Selected children. Please bring a roadworthy bike, helmet, and warm waterproof clothing.
- EQT choir rehearsal 3.30 - 4.45 pm
- Indoor Athletics competition taking place after school at West Bridgford School. All children taking part have been notified. Children need to bring their PE kit, a drink and any inhalers needed.

Wednesday 11th February 2026

- Reading Café – 8am – 8.45pm
- Honours Assembly
- Parents Evening for year 6
- Girls Futsal Club years 4 & 5. 3.30pm - 4.30pm. (Class full) Children need to bring their PE kit, a drink and any inhalers needed. The club will be in the school hall.

Thursday 12th February 2026

- Martial arts club (with Mr Dexter) for years 4,5 and 6. 08.00am to 08.45am.
- Year 3 swimming. Please remember your swimming kit (including towel and a bag to put wet items in) and any inhalers required. **This is the last swimming session for year 3 this year.**

Friday 13th February 2026

- Indoor athletics club for years 5 & 6. 08.15 - 08.55am. (Class full) Children need to bring their PE kit, a drink and any inhalers they may use.
- Cross-country Club for years 5 and 6. As this is a lunchtime club the children must bring a packed lunch. Children need their PE kit plus extra layers in case it is cold or raining a carrier bag and any inhalers required

HALF TERM – SCHOOL WILL RE-OPEN ON MONDAY 23RD FEBRUARY.

We share E-Safety information from National Online Safety with parents in the Robert Miles newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

ESSENTIAL ONLINE SAFETY

Children and young people use the internet every day to learn, play, and connect, but the online world is not always safe. For adults, it can be hard to keep up with the risks, including harmful content, cyberbullying and scams. These 10 tips provide clear and practical advice to support safer and healthier digital habits, helping young people to make informed, secure choices when using technology.

1 START EARLY CONVERSATIONS

Begin talking about online behaviour from the moment children start using devices. Use age-appropriate language and revisit topics regularly, making it clear they can speak to you about anything that upsets or confuses them. Keeping these chats open helps build trust, so children are more likely to come to you when needed.

2 PROMOTE SAFER SHARING

Children can overshare without understanding the risks. Remind them that photos, locations, or messages can be copied or shared beyond their intended audience. Explain how even private messages or group chats can be saved and/or misused. Talk about what is appropriate to post, message, and who it's safe to share with.

3 ENCOURAGE DIGITAL BALANCE

Many apps and games are designed to keep users engaged through rewards, likes, or constant updates. These features can make it hard for children to switch off. Talk openly about how these systems work and help children recognise when it's time to take a break. Building in tech-free routines supports a healthier balance and awareness of their screen time.

4 CREATE A SAFE SPACE FOR CONCERNS

When children come to you with a concern, respond with interest and care, rather than with alarm. Keeping your reaction measured helps them feel safe and supported. This doesn't mean ignoring serious issues; it means showing that you're there to help. When children trust that they can speak openly, they're more likely to feel supported through unpleasant online experiences, and to ask for help in future.

5 STAY INFORMED AND CURRENT

With emerging technologies like AI moving and changing so quickly, it's important to stay updated on how children are using new platforms, apps and games. Ask them to show you what they use and let them take the lead as you explore together. This opens up valuable conversations and helps you stay ahead of emerging risks and trends.

6 TEACH CRITICAL THINKING

Talk to children about how to recognise unreliable information or scams online. With AI-generated videos, photos, and stories becoming harder to spot, help children question what they see and encourage them to look for evidence, check sources, and ask questions. These skills will help them avoid risks, make smart choices, and develop healthy habits for the future.

7 SET CLEAR BOUNDARIES

Involve children in conversations about device usage so they feel included. Agree on digital rules such as screen-time limits, age-appropriate apps, and no devices in bedrooms overnight. Use parental controls to block or filter harmful content and explain that rules are there to protect and support them, not to spoil their fun.

8 LEAD BY EXAMPLE

Children often copy the behaviour of adults around them. Show them what balanced, respectful, and mindful use of technology looks like, such as avoiding scrolling during family time and speaking kindly in messages. If you expect certain behaviour from them online, make sure your own habits reflect the same standards.

9 EXPLORE PRIVACY SETTINGS TOGETHER

Show children how to use privacy tools on apps, games, and websites. Teach them to use strong passwords, block or report others in response to problems, and avoid sharing personal details. Explore settings together so they feel confident and in control, and explain that these features are there to help them stay safe online.

10 KNOW WHERE TO GET HELP

Familiarise yourself with tools and organisations that support online safety. The National College offers online safety guides and webinars which provide tips on staying safe. Websites like Report Harmful Content and CEOP can be used to report when something goes wrong. Show children how to report or block users, and where to go if they feel unsafe. Make sure they know that asking for help is always the right thing to do, and be prepared to support them.

Meet Our Expert

Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their workforces and managing compliance. Our three memberships help all phases and types of setting raise standards, save time, reduce risk, and build a culture of improvement.

See full reference list on our website



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