



★ Robert Miles Junior School Newsletter – 13th March 2026 ★

Dear Parents,

It has been a busy week with assessments taking place in years 3, 4 and 5 alongside all the other usual school events. I know it can be an anxious time for children and this is why teachers think carefully about how they introduce assessments. Having assessments take place this week means that teachers have a full picture of where children are in their learning both in their day to day work and how they are performing against expectations for their age which they can share at parents evening next week.

Parents Evening Next week on Monday and Wednesday, parents evening sessions are taking place for parents with children in years 3, 4 and 5. I know almost all parents have now signed up and reserved a slot. If you have not yet signed up, please contact the office as soon as possible.

Dukes Barn Residential This week, the Year 5 children had a short presentation and talk from some year 6s about the October residential to Dukes Barn. They were full of curiosity and questions, which all bodes well for a brilliant trip. A letter has gone home with each child to inform parents/carers and to book a place. Any questions about the residential, please contact the Mrs Melhuish or myself. An information evening will take place much nearer the time.

Year 4 York Residential Thank you to the parents who attended the Year 4 parent session for the upcoming York residential. The information shared at the meeting will be sent out to all parents shortly. If you have any questions about the residential, please contact Miss Horsfield, Mr Miller or Mrs King.

Have a great weekend.

Best Wishes

James Evelyn
Headteacher, Robert Miles Junior School

Upcoming Dates

- 19th March Y4 Lion Learners Day
- 16th & 18th Mar Y3, Y4 & Y5 Parents Evening
- 25th March Albert Hall Singing Event
- 27th March Easter Egg Rolling Competition
- 27th March Last Day of Term

Summer Term

- 13th April Inset Day – School Closed
- 14th April First Day of Term
- 20th/21st April Year 5 Bikeability
- 24th April Equals Trust Sci Tech Final
- 4th May Bank Holiday
- 7th May Year 5 Toot Hill Information Evening for Parents (4.30pm)
- w/c 11th May KS2 SATs Week
- w/c 18th May Healthy Lifestyles Week
- w/c 25th May Half Term

School Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance. Our target is for each child to have an attendance figure of at least 95%.

3B	95.3%
3J	94.8%
4H	98.9%
4M	96.8%
5AC	97.7%
5G	94.0%
6L	93.8%
6TM	96.9%
All	95.9%

Congratulations to 4H for having the best attendance this week!



House Points

Jupiter	328
Mercury	364
Neptune	355
Saturn	350

These are the first House Points totals so far during the second half of the spring term! A huge well done to every child for every House Point earned.



Science & Technology Competition 2026

A big thank you to all the adults who have supported the children with their entries for this year's Science and Technology Competition. The standard was incredibly high, with so many ingenious and artistic designs. The children made a fantastic job of running their Egg Brake Buggies, adjusting the powering and braking mechanisms during the competition and troubleshooting any problems, all key qualities for our future engineers.



We were very impressed by how well the children supported each other and took all the challenges of the competition in their stride. Mr Evelyn was particularly pleased that careful thought had been given to how to transport a raw egg, with only a few 'Egg Break' incidents for him to clear up!

Well done to our finalists: Rosie Watkins, Violet Lilly-Colman, Jasmine Yung, Amarah Lucero and Lottie Vaughan



Congratulations to Jenny Towers who was our overall winner, with Milo Horse Power; she recycled a Trojan Horse from the Year 3 Greek Museum, which stopped just 51 cm from the wall.



Congratulations also to our ingenious and artistic winners! It was great to see so many children choosing to take part and making the event a huge success



Year 3 Ancient Greece Visit

Year 3 had a fun-filled day on Wednesday as part of their History topic on the Ancient Greeks, visiting the Danum Gallery, Library and Museum – a beautiful building in the centre of Doncaster. They were fascinated to learn that the Paddington Room, where we spent part of our visit, is named after Paddington Bear because the first Paddington Bear toy was made in Doncaster by Jeremy Clarkson’s mum. The weather was also kind making the journey more enjoyable.

The exciting day included workshops that encouraged the children to think like archaeologists. The children investigated and handled artefacts, learning how historians discover information about the past. One of the highlights was examining coprolite (fossilised poo!) which the children carefully pulled apart to discover clues about what the Ancient Greeks ate.

They also learned all about Ancient Greek theatre, including the masks actors used and the clothing they wore. Acting out one of the plays was great fun and the children thoroughly enjoyed bringing the story to life.

Of course, a picnic lunch was another highlight of the day – especially as we ate next to two full-size steam engines on loan from the York Railway Museum!

The children were fantastic throughout the visit and were complimented by members of staff for their impressive Ancient Greek knowledge. They also demonstrated excellent manners, great listening skills, sensible behaviour and kindness towards one another.

All the children were enthusiastic and it was a real pleasure to take them out of school. A big thank you to the adults who supported us and helped make the day such a great success.



Honours Assembly

Congratulations to these children whose success was celebrated at Honours Assembly this week and some of their work was shared with all the children in the school.

3J	<i>No Year 3 Honours this week as they were away on a school trip</i>
3B	<i>No Year 3 Honours this week as they were away on a school trip</i>
4M	Kiera Shelton & Ki'Arno Leather-Thomas
4H	Harrison Winch & Stanley Clayton
5G	Georgi Tang & Archie Chalke
5AC	Roman Correia de Jesus & Ellie Morris
6TM	Phoebe Camidge & Llewyn-Rayn Wild
6L	Athena Chan & Olly Taylor

Times Table Rock Stars

Times Tables Rockstars

Congratulations to the following children who have topped the charts for their work on TTRS this week:

Most correct answers: Isabella, 4H

Most coins earnt: Katie, 4H

Biggest improvement in accuracy: Imran, 3B

Biggest improvement in speed: Luna, 3B

Weekly Menu w/c 16th March 2026

Monday

- Beef burger with home baked potato wedges with a choice of vegetables.
- Vegetable burger with home baked potato wedges with a choice of vegetables.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Chocolate oaty slice.

Tuesday

- Mild chicken curry served with mixed rice with a choice of vegetables.
- Spinach and sweet potato curry with mixed rice and a choice of vegetables.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Syrup sponge pudding with custard.

Wednesday

- Roast gammon with gravy, stuffing, mash or roast potatoes with a choice of vegetables.
- Quorn grill with gravy, stuffing and roast potatoes with a choice of vegetables or mixed fresh salad.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Apple and cinnamon rolls.

Thursday

- Margherita pizza with home baked potato wedges with a choice of vegetables.
- Sweet and sour vegetables and sunny rice with a choice of vegetables.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Vanilla cookie and fruit slices.

Friday

- Fish fingers and chips with a choice of vegetables.
- Crispy vegetable fingers and chips with a choice of vegetables.
- Jacket potato with a choice of baked beans, cheese or tuna.
- Iced sponge cake with sprinkles.

Upcoming Dates w/c 16th March 2026

Monday 16th March 2026

- Dodgeball Club for years 3 & 4. 08.15-8.55am. (Class full) Children need to bring their PE kit, a drink and any inhalers they may use.
- Art Club 3.30- 4.30pm. There is a £2.00 compulsory charge for art supplies. Please use our online

payment system to pay for this. Payment needs to be made in advance.

- Yr3, 4 and 5 Parents Evening

Tuesday 17th March 2026

- EQT choir rehearsal 3.30 - 4.45 pm
- Booster sessions 3.30pm - 4.30pm. All children involved are aware.
- Yr 4 Dance event at South Nottingham Academy. Selected children. Please bring a drink and any inhalers required.

Wednesday 18th March 2026

- Honours Assembly
- **No Futsal Club this week**
- Booster sessions 3.30pm - 4.30pm. All children involved are aware.
- Yr 3, 4 and 5 Parents Evening

Thursday 19th March 2026

- Martial arts club (with Mr Dexter) for years 4,5 and 6. 08.00am to 08.45am.
- Yr 4 Lion Learners animal experience
- Booster sessions 3.30pm - 4.30pm. All children involved are aware.

Friday 20th March 2026

- Indoor athletics club for years 5. 08.15 - 08.55am. (Spaces available) Children need to bring their PE kit, a drink and any inhalers they may use.
- Cross-country Club for years 5 and 6. As this is a lunchtime club the children must bring a packed lunch. Children need their PE kit plus extra layers in case it is cold or raining a carrier bag and any inhalers required

A reminder that all children need to be collected from their afterschool clubs by family member/friend who are over the age of 16.

We share E-Safety information from National Online Safety with parents in the Robert Miles newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about STREAMING SERVICES

WHAT ARE THE RISKS?

Streaming services are platforms that allow users to watch cartoons, documentaries and movies online immediately (often referred to as SVoD: streaming videos on demand). Ofcom reported that children and young adults prefer streaming services to traditional TV. With two-thirds of UK households subscribing to at least one streaming service, parents must understand how to manage screen time, set age restrictions and ensure safe viewing.

COSTLY

Subscription services can be costly. As the main source of entertainment, most households have at least one streaming platform, and each platform has its own monthly subscription fee. Services are charging more for ad-free viewing, and better quality and resolution; however, there is a cheaper option with adverts. Due to price increases, Netflix and Disney+ reported a sharp increase in users subscribing to their ad-supported tier in 2025.

ILLEGAL STREAMING

Sharing passwords or using modified Fire Sticks to access streaming content without permission is illegal. Most streaming services have now put measures in place to detect account sharing. When account sharing is identified, platforms will offer an opportunity to pay for an added member or will ask the user to verify who they are.

AGE-INAPPROPRIATE CONTENT

Most streaming platforms allow users to set up a profile for each family member, with the option of putting specific restrictions in place. These include adding a profile lock or PIN, controlling autoplay of previews and next episodes, and limiting content based on age ratings. Nonetheless, these restrictions aren't foolproof. Content which is rated as suitable for an age group may still include themes, language, or images which children and families find inappropriate.

EXCESSIVE SCREEN TIME

Excessive screen time contributes to sedentary behaviour and can negatively impact physical and mental health. Ofcom found that 4- to 15-year-olds averaged 2.5 hours per day across all video-sharing platforms, not including gaming. The vast range of content available, combined with features such as autoplay, makes it easy for children to watch for extended periods of time.

BINGE WATCHING

Features such as autoplay make it easy for viewers – especially young people – to continue watching episodes without a break. This can foster unhealthy and addictive patterns, such as consuming a vast amount of content in one sitting. With binge watching comes a lack of social interaction, lack of physical exercise, and often late nights and sleep disruptions which impact their mental and physical wellbeing.

HARMFUL STEREOTYPES

Many platforms track viewing habits, time consumed, and preferences, and generate recommendations to encourage your child to keep watching. This results in your child being in a 'loop' whereby they think the 'recommended' shows would be something they would enjoy rather than thinking critically for themselves. This can shape their beliefs, values, and understanding of the world from a young age without even realising it.

Advice for Parents & Educators

SET UP INDIVIDUAL PROFILES AND ADD PINS

Almost all streaming services allow users to set up individual profiles where each family member can have age restrictions put in place for the content they can view. Adult profiles can be protected through the use of PIN. Keep this private. Use the options of putting specific restrictions in place such as controlling autoplay of previews and next episodes, and limiting content based on age ratings.

TALK ABOUT ALGORITHMS

Talk to your child about how streaming services track what they watch, and base adverts and recommended shows/movies on previous viewing. Encourage them to critically think about whether the recommendations are suitable and how they want to spend their time. Discuss stereotypes with your child and challenge them to think about what they watch and how this may influence their beliefs.

MONITOR AND TALK OFTEN

Discuss with your child what they are watching, find out which programmes are trending, and watch them yourself. Have a little look at their watch history to check the content of what they're watching. Some platforms have been known to recommend or autoplay older or graphic content after a child's movie has been played. While some tv shows or movies may have a suitable age rating, your child may still find the content scary, or it may explore themes you don't want to explore with your child yet.

SET TIME RESTRICTIONS

Many streaming services offer the opportunity to buy movies, or add additional features to your subscription such as sports channels, as well as play games. This can increase the amount of time young people spend sitting idly in front of the screen. Some platforms (e.g. Apple TV+) allow you to set screen time restrictions. If the streaming service doesn't allow you to set screen time limits, set a family rule and stick to it.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator, and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government, comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



See full reference list on our website



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