



★ Robert Miles Junior School Newsletter – 27th March 2026 ★

Dear Parents,

Such fun to finish the term off with the customary RMJS egg-rolling competition – definitely an Easter favourite. Well done to our winners who showed such expertise and finesse in controlling their eggs!

Another highlight of the week was Wednesday’s Equals Trust Singing Event at the Nottingham Albert Hall – read further down for pictures and more information. It is one of those occasions where being part of a Trust really comes into its own as we got together with all the schools in the trust and the children sung their hearts out

A huge thank you, once again, to the Friends of RMJS who raised a brilliant £338.67 through the recent Mother’s Day Gift Shop. Thank you to everyone who purchased a gift; I hope it contributed towards a memorable and happy day.



The Spring Term comes to an end today. As always, it has been a busy term with lots happening. I hope your child has enjoyed the term and that the recent parents evenings made you proud.

Have a great holiday. Please don’t forget that we return on Tuesday 14th April (a staff inset day is taking place the day before). Quite a few of the dates for next term have now been confirmed; please look at the list on the right which I will keep updated.

Best Wishes

James Evelyn

James Evelyn
Headteacher, Robert Miles Junior School

Summer Term

- 13th April Inset Day – School Closed
- 14th April First Day of Term
- 20th/21st April Year 5 Bikeability
- 24th April Equals Trust Sci Tech Final
- 4th May Bank Holiday
- 7th May Year 5 Toot Hill Information Evening for Parents (4.30pm)
- w/c 11th May KS2 SATs Week
- w/c 18th May Healthy Lifestyles Week
- w/c 25th May Half Term
- 8th & 9th June Year 4 York Residential
- 19th June Summer BBQ
- 24th June Sports Day
- 26th June Reserve Sports Day

School Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance. Our target is for each child to have an attendance figure of at least 95%.

3B	96.9%
3J	95.5%
4H	90.2%
4M	99.6%
5AC	95.7%
5G	90.3%
6L	96.4%
6TM	92.8%
All	94.7%

Congratulations to 4M for having the best attendance this week!



Equals Trust Albert Hall Singing Event

On Wednesday, 20 of our Year 5s and 6s joined children from the other Equals Trust schools for a day of singing and fun at Nottingham's Albert Hall. It really was a wonderful occasion and an absolute joy to be a part of.

The day was spent rehearsing the 'mass choir' songs before the performance to parents in the evening. The children sung and behaved beautifully throughout and were excellent ambassadors for our school. For our special moment in the spotlight, our children joined the choirs from Cropwell Bishop and Orston primary schools to perform 'Touch the Sky'. They sung beautifully. Despite the changeable weather during the day, we did manage to have some time out in the fresh air and posed for a picture outside the Playhouse.

A huge thank you to Mrs Broster and Mrs King for the many hours they spent rehearsing with the children and for organising a day that ran so smoothly. It was lovely to see former RMJS Headteacher, Rob Gilbey, who was supporting the event making sure the sound was spot on. He sends his best wishes to our school community.



Comic Relief 2026

Thank you to everyone who kindly donated to the 2026 Comic Relief / Red Nose Day Appeal. We had a non-uniform day to mark the occasion and our school community raised £126.52 for this important cause.

Thank you, as always, to our families for their generosity.



Times Tables Rock Stars

Times Tables Rockstars

Congratulations to the following children who have topped the charts for their work on TTRS this week:

Most correct answers: Daisy, 4H

Most coins earned: Violet, 4H

Biggest improvement in accuracy: Priya, 3B

Biggest improvement in speed: Luna, 3B

Congratulations to our newest Rock Legend: Quinn, 3B



Excellent work in the Spotlight



It's been all the fun of the fair in year 6! In our Design and Technology work this term, the children have produced some wonderful fairground rides. They have created structures and moving mechanisms powered by electrical circuits to create some thrilling rides. Not only do they work impressively, but also they look stunning too! The teamwork, problem solving and creativity on show has been a joy to see in action. Here are some of the designs from Halia, Jolly, Abby and Edward as well as Ivana, Angelica and Mica.



Sports Update

Girls Our girls' football team put in a brilliant performance against Cropwell Bishop, coming away with a well-deserved win. From the first whistle, they played with confidence and purpose, working together and supporting one another across the pitch. Their determination and positive attitude really shone through, and they represented the school with pride. It was a fantastic example of what can be achieved when teamwork and effort come together.

Boys The boys' team faced a tough match against Greythorn, which went all the way to extra time in a closely contested game. The players showed real resilience and character, refusing to give in and battling right until the very end. While the result didn't quite fall our way, the way they conducted themselves, encouraged each other, and kept going under pressure was something to be proud of.

Equals Trust Tournament Our Year 3/4 pupils also took part in the Equals Trust football tournament, where they gave their best effort in every match. Although we didn't progress from our group, the children demonstrated fantastic teamwork, determination, and sportsmanship throughout the day. They supported each other, stayed positive, and represented the school brilliantly. Experiences like this are invaluable, and it was great to see them embody our school values both on and off the pitch. We look forward to giving some of our year 3s the same opportunity next year.

Weekly Menu w/c 13th April 2026

Monday

- INSET DAY

Tuesday

- Mild Beef & Bean Chilli & Yellow Rice and Vegetable Sticks or Sweetcorn
- Macaroni Cheese with vegetables or Salad and Vegetable Sticks or Sweetcorn
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Apple & Cinnamon Rolls

Wednesday

- Roast Chicken, Stuffing and roast potatoes with Seasonal Greens & Carrots
- Vegetable & Lentil Loaf with Roast Potatoes, Stuffing & Gravy with Seasonal Greens & Carrots
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Strawberry Jelly.

Thursday

- Sweetcorn Pizza with Pasta Salad & Broccoli, Carrots & Cauliflower or Mixed Salad
- Pitta Braed filled with Vegetable Arrabbiata Sauce with Vegetable Sticks & Broccoli, Carrots & Cauliflower or Mixed Salad
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Fruit Slices & Vanilla Cookie

Friday

- Fish Fingers & Chips with Garden Peas or Baked Beans
- Baked Cheese Omelette & Chips with Garden Peas or Baked Beans
- Jacket potato with Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Vanilla or Chocolate Ice Cream

Upcoming Dates w/c 13th April 2026

Monday 13th April 2026

INSET DAY

Tuesday 14th April 2026

- Booster sessions 3.30pm - 4.30pm. All children involved are aware.

Wednesday 15th April 2026

- No Honours Assembly
- Booster sessions 3.30pm - 4.30pm. All children involved are aware.

Thursday 16th April 2026

- Martial arts club (with Mr Dexter) for years 4,5 and 6. 08.00am to 08.45am.
- Booster sessions 3.30pm - 4.30pm. All children involved are aware.

Friday 17th April 2026

- Indoor athletics club for years 5. 08.15 - 08.55am. (Spaces available) Children need to bring their PE kit, a drink and any inhalers they may use.
- Cross-country Club for years 5 and 6. As this is a lunchtime club the children must bring a packed lunch. Children need their PE kit plus extra layers in case it is cold or raining a carrier bag and any inhalers required

A reminder that all children need to be collected from their afterschool clubs by family member/friend who are over the age of 16.

We share E-Safety information from National Online Safety with parents in the Robert Miles newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about ONLINE TRENDS ENCOURAGING VIOLENCE

7 out of 10 teens report seeing violent content on social media, with over half of that content featuring fights involving young people. Most don't 'seek' it but are shown it through social media feeds or messaging groups. 91% of young people involved in violence have seen violent social media content. Viral trends, challenges, or 'wars' that are spread online risk encouraging violence offline, while real-world incidents may also be recorded and promoted online.

WHAT ARE THE RISKS?

ALGORITHMIC EXPOSURE

Social media platforms are designed to keep users engaged, meaning dramatic or extreme content can spread widely and quickly. Algorithms often recommend content that reflects users' past interactions. As a result, young people may see more violent material if they have viewed, commented on, or shared it before. Repeated exposure can make violent content appear frequently in their feeds without them fully understanding why.

WEAPONS AND CRIMINAL RISK

Teens exposed to high levels of real-world violence on social media sometimes report feeling an increased need to carry a weapon for 'self-protection'; however, carrying a weapon increases the risk of victimisation (harm and injury by others) for young people. In addition, carrying a weapon is a serious offence that can lead to police arrest and a criminal record.

SHARING VIOLENT CONTENT

Encouraging or assisting an offence is a crime in the UK, including via social media, and can lead to arrest. This means sharing, forwarding, or reposting violent content carries a risk for young people too. Showing examples of content to a trusted adult is appropriate, but young people should take care not to further spread violent material by posting it online or sharing it within large messaging groups.

FEAR, ANXIETY, AND MARGINALISATION

Research shows young people's emotional wellbeing can be negatively impacted by repeated exposure to violent online content, especially when it depicts real-world violence (as opposed to fictional depictions in games or films). Posts featuring weapons, threats, attacks, and fights – or content that appears to glamorise gang activity – can increase feelings of anxiety or fear among young people. Material that encourages violence targeting people because of their identity, such as their nationality or religion, can also create disproportionate harm for children belonging to those groups.

AVOIDANCE AND ISOLATION

Real-world violence on social media can increase young people's belief that their local communities – or the 'outside world' more generally – are unsafe places. This can result in avoidant and isolating behaviours, which may negatively affect their wellbeing. As well as feeling fearful of others, teens also report feeling judged for spending time together in large groups, which may affect their social interactions and leisure time.

Advice for Parents & Educators

STAY INFORMED

Stay alert for updates from police, schools, or local authorities, and follow the advice provided. Be cautious about unofficial accounts, fake content, and misinformation, which can spread quickly online or in chat groups. Ensure you get accurate information from trusted sources and encourage young people to do the same. Remind them never to share violent content online and to speak to a trusted adult instead.

DISCUSS SOCIAL MEDIA

Encourage young people to talk about the content they see online and the effect it can have. This can be an opportunity to discuss topics such as misinformation, AI-generated material, the attention economy, and algorithms, helping them understand how and why extreme content can spread online. Explore tools available to block, report, and remove harmful content, and signpost where to get support and advice, such as reportharmfulcontent.com.

TALK CRIME AND SAFETY

In most of the UK, the age of criminal responsibility is 10 (12 in Scotland). This means there can be serious criminal consequences for carrying a weapon, taking part in violence, or filming or sharing violent content. Discuss the law with young people alongside practical safety strategies. Ask questions such as: "What could you do if you feel unsafe?" Work together on action plans and remind them they can contact a trusted adult or the police if they witness or experience violence.

ENCOURAGE POSITIVE ACTION

Focus on strengthening young people's positive experiences both online and within their local communities. Discuss strategies to reduce negative social media effects, such as time limits, unfollowing certain accounts, or taking breaks from apps. Encourage offline activities such as spending time with friends, visiting local places, and taking part in hobbies that bring them joy, purpose, and connection. Remind them they can seek support with any concerns at any time via childline.org.uk.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in media law, online safety, and young people. Her PhD investigates youth understandings of criminal and legal risks in a digital context. She works in schools to provide award-winning education on the criminal, legal, and ethical considerations of rapidly advancing technologies.



See full reference list on our website



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