



★ Robert Miles Junior School Newsletter – 17th April 2026 ★

Dear Parents,

I hope all of our families had a wonderful Easter holidays and managed plenty of relaxation and fun.

Not only are we into the summer term now but it has felt like the summer term with weather just that little bit warmer and, as the children I am sure will have told you, the opening of the grass field at playtimes. It has been genuinely lovely seeing the children playing on the grass – all sorts of gymnastics, football and even, with close supervision, some rugby. We have replenished the lunchtime boxes so there is more equipment for the children to use and they have all played beautifully.

The school was closed on Monday and it gave myself and the staff some time together to do some forward planning particularly focusing on the many changes proposed by the government which will start to feed through into schools over the coming years.

Every term in the school year is busy and this one will be no exception. Please keep an eye on the dates list on the right which we will look to keep updated with new dates as they are confirmed. The Year 6 team will shortly be confirming dates for the end of year performances so keep a special eye out for these.

Have a great weekend.

Best Wishes

James Evelyn
Headteacher, Robert Miles Junior School

Summer Term

20 th /21 st April	Year 5 Bikeability
24 th April	Equals Trust Sci Tech Final
4 th May	Bank Holiday
7 th May	Year 5 Toot Hill Information Evening for Parents (4.30pm)
w/c 11 th May	KS2 SATs Week
w/c 18 th May	Healthy Lifestyles Week
w/c 25 th May	Half Term
8 th & 9 th June	Year 4 York Residential
15 th June	'Marvellous Men' Gift Shop
17 th June	School Photos
19 th June	Summer BBQ
24 th June	Sports Day
26 th June	Reserve Sports Day
1 st July	School Disco
9 th July	Toot Hill Y6 Parents Evening
17 th July	Last Day of Term

School Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance. Our target is for each child to have an attendance figure of at least 95%.

3B	100%
3J	99.4%
4H	100%
4M	100%
5AC	97.8%
5G	95.0%
6L	96.9%
6TM	91.4%
All	97.5%

Congratulations to three classes for having the best attendance this week!



House Points

Jupiter	842
Mercury	974
Neptune	927
Saturn	920

These are the final House Points for Spring 2. So many House Points earned in such a short time!

Well done to Mercury House who accumulated the most House Points and enjoyed a non uniform day today!



Curriculum Overviews

Parents will have received an email with the Summer Term Curriculum Overview for their child's year. These set out what your child will be learning this year and any other information you might need.

The Curriculum Overviews are also on the website [here](#).

Welcome to Year 5 Summer Term



We are looking forward to an exciting Summer term in Year 5 full of sunshine and great learning! Please find below useful dates and information about this term. If you have any questions please don't hesitate to contact us via email. We really value your continued support with reading, learning times tables and homework.
From the Year 5 Team: Mrs Alcock, Mrs Chamberlain, Miss Garbett.

Class Teachers	5AC Mrs Alcock (debbie.alcock@robertmiles.notts.sch.uk) Mon-Weds 5AC Mrs Chamberlain (sarah.chamberlain@robertmiles.notts.sch.uk) Weds-Fri 5G Miss Garbett (freya.garbett@robertmiles.notts.sch.uk)
Important Dates	W/C 18th May Healthy Lifestyles Week (children wear comfy sportswear all week) Half Term Holiday Mon 25th to Friday 29th May INSET Day Mon 1st June Sports Day Wednesday 24th June
Homework	Reading: please read with or to your child every day where possible Spellings: handed out on a Thursday for a test the following Thursday Homework will be handed out every Thursday to be handed in the following Wednesday .
PE	Please ensure your child has their PE kit in school every day as we will take the opportunity for extra Sports Day practice whenever possible. PE lessons will focus on cricket and hockey and after half term rounders and tennis.
English	In writing we are creating powerful characters using dialogue and description. We will learn the story of The Trouble with Mr Thorn then write our own stories in which a good character encounters a contrasting character. Non-fiction writing will focus on persuasive letters.
Maths	We will be learning about fractions, decimals and percentages. Next half term we will be studying the properties of 2D and 3D shapes, position and direction, measurement, converting units and graphs. Fluent and rapid recall of all times tables up to 12 x 12 is vital to fully access the Year 5 curriculum so regular practice, little and often, really helps.

Bikeability

The Bikeability Training Team will be in our school on Monday 20th to Thursday 23rd April to deliver the Combined Level 1 and 2 Training for Year 5 pupils.

The training is fully booked, and parents have received an email confirming their child's place.

Children will need to bring a roadworthy bike, correctly fitting helmet and appropriate clothing for the weather conditions. (Sunscreen or waterproof layers). Appropriate footwear is essential.

School uniform is to be worn. (Trousers /shorts preferable)

All riders will receive a certificate and a badge.

For more information, please visit www.bikeability.org.uk



Times Tables Rock Stars

Times Tables Rockstars

Congratulations to the following children who have topped the charts for their work on TTRS this week:

Most correct answers: Theo, 3J

Most coins earned: Eli, 3J

Biggest improvement in accuracy: Oliver, 3B

Biggest improvement in speed: Edward, 3B



Local Information

We are happy to publicise local events and activities for children in the newsletter particularly ahead of holiday periods. (Please note the school is not endorsing these events as they are run separately.) Any enquiries should be made through the website address shown on the leaflets.

A blue poster for Bingham Cricket Club Junior Training 2026. The title 'BINGHAM CRICKET CLUB JUNIOR TRAINING 2026' is in large yellow letters. Below it, the days and times for training are listed: Monday (18:00-19:00 Girls Incrediball), Tuesday (18:00-19:15 - Hardball (Up to Year 7)), Thursday (18:00-19:15 - KWIK Cricket (Up to Year 4)), and Saturday (09:00-10:00 Girls Softball). Contact information for Paul Maynard-Mason is provided: 07817 983285 and BINGHAMCC@HOTMAIL.CO.UK. The background features a cricket ball and a bat. Logos for the 1787 cricket club and a 'SOLD' sign are at the bottom.

BINGHAM CRICKET CLUB
JUNIOR TRAINING 2026

MONDAY
18:00-19:00 Girls Incrediball

TUESDAY
18:00-19:15 - Hardball (Up to Year 7)

THURSDAY
18:00-19:15 - KWIK Cricket (Up to Year 4)

SATURDAY
09:00-10:00 Girls Softball

WANT TO JOIN BCC? GET IN TOUCH NOW!
PAUL MAYNARD-MASON - 07817 983285
BINGHAMCC@HOTMAIL.CO.UK

1787
BUTT FIELD, MOORBRIDGE ROAD EAST, BINGHAM, NG13 8GG

Hammond
SOLD
01949 87 84 85

Weekly Menu w/c 20th April 2026

Monday

- Sausage & Mash with Gravy, Broccoli and Sweetcorn
- Veggie Sausage & Mash with Gravy, Broccoli and Sweetcorn
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Banana Bread Cookie

Tuesday

- Beef Lasagne with Garlic Bread, Broccoli, Cauliflower & Carrots
- Plant Based Lasagne with Garlic Bread, Broccoli, Cauliflower & Carrots
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Raspberry Jelly & Fruit Slices

Wednesday

- Roast Gammon, Gravy, Yorkshire Pudding & Roast Potatoes with Seasonal Greens & Carrots
- Yorkshire Pudding stuffed with Roasted Vegetable Casserole & Roast Potatoes with Seasonal Greens & Carrots
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Blueberry Cake & Custard

Thursday

- Rainbow Vegetable Pizza with Tomato Pasta, Garden Peas & Slice Carrots
- Cheese Wrap with Vegetable Sticks & Pasta Salad, Garden Peas & Sliced Carrots
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Fruit Slices & Flapjack

Friday

- Battered Pollock & Chips with Garden Peas & Baked Beans
- Mexican Enchilada & Chips with Garden Peas & Baked Beans
- Jacket potato with Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Chocolate Mousse

Upcoming Dates w/c 20th April 2026

Monday 20th April 2026

- Bikeability, selected children class 5G. Please bring a roadworthy bike, helmet, and outer clothing suitable for the weather conditions. School uniforms are to be worn.
- Art Club 3.30- 4.30pm. There is a £2.00 compulsory charge for art supplies. Please use our online payment system to pay for this. Payment needs to be made in advance.

Tuesday 21st April 2026

- Bikeability, selected children class 5G. Please bring a roadworthy bike, helmet, and outer clothing suitable for the weather conditions. School uniforms are to be worn.
- Booster sessions 3.30pm - 4.30pm. All children involved are aware.

Wednesday 22nd April 2026

- Bikeability, selected children class 5AC. Please bring a roadworthy bike, helmet, and outer clothing suitable for the weather conditions. School uniforms are to be worn.
- Honours Assembly
- Booster sessions 3.30pm - 4.30pm. All children involved are aware.

Thursday 23rd April 2026

- Martial arts club (with Mr Dexter) for years 4,5 and 6. 08.00am to 08.45am.
- Bikeability, selected children class 5AC. Please bring a roadworthy bike, helmet, and outer clothing suitable for the weather conditions. School uniforms are to be worn.
- Booster sessions 3.30pm - 4.30pm. All children involved are aware.

Friday 24th April 2026

- Indoor athletics club for years 5. 08.15 - 08.55am. (Spaces available) Children need to bring their PE kit, a drink and any inhalers they may use.
- Cross-country Club for years 5 and 6. As this is a lunchtime club the children must bring a packed lunch. Children need their PE kit plus extra layers in case it is cold or raining a carrier bag and any inhalers required
- Science Tech Final at West Bridgford. Finalists have been selected and parents are welcome to attend.

A reminder that all children need to be collected from their afterschool clubs by family member/friend who are over the age of 16

We share E-Safety information from National Online Safety with parents in the Robert Miles newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about IMAGE-ALTERING FILTERS

WHAT ARE THE RISKS?

From playful puppy ears on Snapchat to 'beauty mode' on TikTok, image-altering filters are now a routine part of how young people communicate online. While many are harmless, others subtly reshape people's faces and bodies. This can blur the line between reality and edited content, potentially influencing how children and young people see themselves and others.

ALTERED BEAUTY STANDARDS

Many 'beauty' filters smooth skin, reshape facial features, or adjust body proportions. Over time, repeated exposure to these filters can shift a child's idea of what is 'normal' or attractive, creating unrealistic expectations about their own and others' appearances.

PRESSURE TO LOOK PERFECT

Filtered images can often attract more 'likes' and positive comments. This can encourage children and young people to rely on editing tools to gain others' approval, rather than feeling confident in their natural appearance.

LOW SELF-ESTEEM

Regularly viewing heavily filtered content can lead to comparisons with unrealistic images. This is linked to body dissatisfaction and reduced self-esteem, particularly among children and teenagers.

HIDDEN ADVERTISING

Some filters are linked to beauty products or trends, subtly promoting third-party brands. Children and young people may not recognise this as advertising, while also sharing personal data – such as facial images and usage habits – with apps and third parties.

BLURRED REALITY

As filters become more advanced and natural-looking, it can be difficult for children and young people to distinguish edited content from real life, especially when filters are used in everyday photos and videos.

SEXUALISED EDITS

Certain tools can make users appear older or more sexualised. This may attract unwanted attention, increase the risk of images being shared without consent, and expose young people to unsafe interactions.

Advice for Parents & Educators

START OPEN CONVERSATIONS

Talk regularly about filters, such as how they work and why people use them. Ask the children and young people in your care how filtered images make them feel and encourage honest discussion without judgement.

REINFORCE WHAT'S REAL

Help children and young people understand that filtered images are digitally altered and are not an accurate reflection of real life. Emphasise that they don't need to meet these artificial standards.

CHALLENGE 'PERFECT' POSTS

When viewing content together, gently point out the signs of editing, filters, or posing techniques. This builds critical thinking and helps children and young people question unrealistic images.

PROMOTE OFFLINE CONFIDENCE

Encourage activities that build self-worth beyond appearance, such as sports, hobbies, friendships, and creative interests, so that confidence isn't tied solely to online validation.

Meet Our Expert

Parveen Kaur is a digital parenting expert and founder of Kids N Clicks, a platform dedicated to helping parents navigate the online world alongside their children. She is an expert contributor for Internet Matters, offering practical guidance on emerging online safety issues. Her insights have been featured by the BBC, The Telegraph, TalkTV, and other major media outlets, supporting families across the UK.



See full reference list on our website



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