

Robert Miles Junior School Newsletter – 10th July 2026

Summer Term Dates

13 th July	SENCo Drop In
13 th July	Final Year 6 Performance
15 th July	Y6 Trip to Wollaton Park
17 th July	Y6 Leavers Assembly (2.30pm)



Dear Parents,

It has been another hot week but, for me, this week was all about Grossbusters – the fantastic end of year production. I have genuinely been blown away by the quality of the production. For those of you coming on Monday, whilst I cannot promise cool temperatures, I can promise that you are in for a treat. A huge well done to all involved.

Summer Reading Challenge Bingham Library were in school last week launching the annual reading challenge. They have already reported a number of children signing up. Do not forget to pop into the library if you want your child to participate.

Have a great weekend.

Best Wishes



James Evelyn
Headteacher, Robert Miles Junior School



School Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance. Our target is for each child to have an attendance figure of at least 95%.

3B	99.5%
3J	94.8%
4H	100%
4M	95.9%
5AC	97.9%
5G	95.7%
6L	97.4%
6TM	97.9%
All	97.4%



Congratulations to
4H for having the
best attendance
this week!

House Points

Jupiter	817
Mercury	846
Neptune	953
Saturn	918

Children are showing our REACH Values every day. They are also earning House Points as they work towards earning a non uniform day at the end of term.

Here are the latest totals!



Times Tables Rock Stars

Times Tables Rockstars

Congratulations to the following children who have topped the charts for their work on TTRS this week:

Most correct answers: Kerwin, 4H

Most coins earnt: Jeslyn, 3J

Biggest improvement in accuracy: Joel, 3J

Biggest improvement in speed: Lottie, 3J



Savate Certificates



Congratulations to the children who received their certificates from Mr Dexter during assembly this week.

These children have all reached the Savate Grade 5 standard which is a fantastic achievement.

The club continues next year and Mr Dexter will be opening it up to new members so please keep an eye out for the details if you are interested.

Sports Update

With the sun out and the cricket season in full swing, RMJS recently attended two cricket tournaments and enjoyed some sun, some wins and some great camaraderie on the field.

Rushcliffe District Cricket Tournament at Radcliffe on Trent We took a boys and girls team to Radcliffe; the boys had a hard day, coming up against some excellent opposition and playing some great cricket but ended up without any wins to show for their hard work.

The girls won all their group matches and progressed to the semi finals where they beat Heymann school by 1 run. In the final they met West Bridgford Juniors, who the girls had beaten in the group stage, but this team we ended up 5 runs short in a great match and narrowly missed out on being Rushcliffe Champions for a second successive year!

Trent College Cricket tournament We took a mixed team to Long Eaton and had a great day, winning two matches and losing one in our group games. In the final, we had a nerve wracking one run loss to Heymann, but our competitive play and sporting attitude during the day was awesome! Jacob and Molly won player of the day trophies too.



French Breakfast

As part of their end of year celebrations, Year 6 enjoyed a delicious French Breakfast outside in our beautiful grounds. After a very hot few days and evenings putting on the show, it was a gentle, tasty way to start the day, giving children a valuable experience of putting their learning into a real-life situation.

They had all worked very hard practising their vocabulary and rehearsing their French speaking in order to ask for food and drink in French. They showed great effort, enthusiasm, remembered their manners and even came up for seconds and thirds! To make it even more special, we had four ex-students, now in Year 8 at Toot Hill, joining us to help serve the food and drink and talk to the children. It is fair to say that many croissants and a lot of chocolate spread was enjoyed by all! This is another great link with the secondary school and shows the children where they can go with their language-learning. A huge thank you to the Co-op, in Bingham, who very kindly donate the baguettes and milk for the chocolate milkshake each year. It was fantastic to wish all of our Year 6's Bon Appetite and we hope they continue to enjoy learning a modern foreign language in Secondary School.



Term Dates w/c 13th July 2026

Monday 13th July 2026

- No Art Club today
- Reports to Parents
- GrossBusters Summer Production at 6.30pm. Please bring your tickets.

Tuesday 14th July 2026

- Football RMJS v Bingham Primary 3pm start. **Selected** children who are playing have received details from Mr Jennings.

Wednesday 15th July 2026

- Honours Assembly
- Yr 6 visit to Wollaton Park. Children to bring a teddy bear, rucksack, a packed lunch, drink and water bottle Bring change for an ice cream and a game to play (no electronics) School uniform is not required but please dress for the weather conditions.
- Cross-country Club for years 5 and 6. As this is a lunchtime club the children must bring a packed lunch. Children need their PE kit plus extra layers in case it is cold or raining a carrier bag and any inhalers required

Thursday 16th July 2026

- Martial arts club (with Mr Dexter) for years 4,5 and 6. 08.00am to 08.45am.
- No Rounders Club

Friday 17th July 2026

- Last Day of Term
- Year 6 Leavers Assembly

A reminder that all children need to be collected from their afterschool clubs by family member/friend who are over the age of 16.

Monday

- Sausage & Mash with Gravy, Broccoli and Sweetcorn
- Veggie Sausage & Mash with Gravy, Broccoli and Sweetcorn
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Banana Bread Cookie

Tuesday

- Beef Lasagne with Garlic Bread, Broccoli, Cauliflower & Carrots
- Plant Based Lasagne with Garlic Bread, Broccoli, Cauliflower & Carrots
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Raspberry Jelly & Fruit Slices

Wednesday

- Roast Gammon, Gravy, Yorkshire Pudding & Roast Potatoes with Seasonal Greens & Carrots
- Yorkshire Pudding stuffed with Roasted Vegetable Casserole & Roast Potatoes with Seasonal Greens & Carrots
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Blueberry Cake & Custard

Thursday

- Rainbow Vegetable Pizza with Tomato Pasta, Garden Peas & Slice Carrots
- Cheese Wrap with Vegetable Sticks & Pasta Salad, Garden Peas & Sliced Carrots
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Fruit Slices & Flapjack

Friday

- Battered Pollock & Chips with Garden Peas & Baked Beans
- Mexican Enchilada & Chips with Garden Peas & Baked Beans
- Jacket potato with Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Chocolate Mousse

We share E-Safety information from National Online Safety with parents in the Robert Miles newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

TECH-FREE SUMMER FOR TEENS

For many 11- to 16-year-olds, summer can quickly become screen heavy, especially when socialising, entertainment, and downtime all happen via their devices. Encouraging a tech-free summer isn't about banning technology altogether, but about helping young people rediscover friendship, creativity, independence, and the great outdoors. The NHS recommends that young people aged 5 to 18 aim for an average of at least 60 minutes of physical activity each day across the week.

1 BUILD OUTDOOR CHOICE

Teens are more likely to engage when they feel they have a level of control. Create a simple 'summer outdoors menu' with options such as cycling to a favourite café, playing rounders, visiting a skatepark, dog walking, photography walks, geocaching, or helping around the garden. Parents and educators can then ask young people to choose two or three activities each week that interest them.

2 PREPARE THE KIT

Small barriers can stop teenagers going outside, especially if they feel uncomfortable, too hot, or unprepared. Keep a grab bag with sun cream, water, snacks, plasters, a cap, period products, and a lightweight waterproof. During hot weather, plan shade, water breaks, and calmer activities, as vigorous exercise is not advised on very hot days.

3 TRY MICRO-ADVENTURES

Outdoor activities don't need to be expensive or complicated. A micro-adventure could be as simple as watching the sunrise, walking to a local viewpoint, making breakfast outside, visiting a new green space, or planning a bus journey to a nearby nature trail. Encourage teens to plan the route, snacks, and timings themselves to help build their independence.

4 LINK TO REAL INTERESTS

A young person who dislikes sport may still enjoy being outside if the activity connects with something they already care about. Link outdoor time to music, art, animals, fashion, cooking, photography, or social interaction. Ideas include sketching in a park, making a nature playlist, filming a wildlife vlog series, or designing posters for a community garden.

5 CREATE SOCIAL PULL

For many teenagers, friends are the strongest motivator in various areas of life. Parents can invite one or two friends on walks, picnics, or garden games, while schools can promote lunchtime leagues, outdoor clubs, or summer meet-ups linked to existing interests. Make these activities feel social rather than supervised, with adults nearby for safety but not dominating the experience.

6 MAKE TRAVEL ACTIVE

Active travel is a practical way to build outdoor time into everyday routines. Encourage young people to walk, cycle, or scooter short journeys where it's safe to do so, such as to school, the library, a friend's house, or a sports club. Educators could run a summer 'active miles' challenge, with pupils logging their journeys completed on foot or by pedal.

7 USE PHONE-FREE CHALLENGES

Rather than simply saying, "Put your phone away", turn time spent offline into a shared challenge. Try a two-hour, phone-free park visit, a family evening walk, or a tutor-group challenge where pupils track their screen-free outdoor hours and share what they've been doing. You could all agree to keep devices in a box, bag, or classroom drawer, and allow for check-in time afterwards.

8 OFFER REAL RESPONSIBILITY

Teens often respond well when outdoor activities feel purposeful. Give them the responsibility for setting up a garden get-together, planning a picnic budget, leading a warm-up routine, mapping a walking route, or organising outdoor equipment. Schools could ask pupils to design an outdoor wellbeing trail, manage a sports rota, or support younger pupils during activity sessions.

9 REPLACE, DON'T REMOVE

If screens are taken away without an appealing alternative, young people may see outdoor time as a punishment. Replace gaming sessions with football drills, dance practice, basketball shots, treasure hunts, or card games outside. Replace screen scrolling with a 'boredom box' containing items like chalk, a frisbee, skipping ropes, playing cards, seed packets, or a disposable-style camera.

10 CELEBRATE SMALL WINS

Not every teenager will suddenly love the outdoors, so recognise their gradual progress. Celebrate a 20-minute walk, an hour at the park, a phone-free picnic lunch, or choosing to cycle instead of being driven around. Parents and educators can use praise, certificates, group displays, or simple shared reflection to show that outdoor effort matters.

Meet Our Expert

The National College provides expert-led training and resources to support schools, trusts and education settings worldwide. Its guidance helps parents and educators understand the issues affecting children and young people today, covering topics such as safeguarding, wellbeing, digital safety, and healthy development.

See full reference list on our website

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#WakeUpWednesday

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