



Robert Miles Junior School Newsletter – 1st October 2026



Dear Parents,

Parents Evening We decided to bring Parents Evenings forward this year to around one month into the school year so parents would have the opportunity to see how their child has settled into their new class and for you to meet their teacher early on. I hope the sessions were useful, that you were pleased with the work in books and how the year has started. As always, do get in touch if you have any questions going forward; the next Parents Evening sessions take place next term in the new year.

BBC Orchestra I mentioned to children in Assembly this week, an opportunity to see a BBC Orchestra perform at Orston Primary School later this month. This opportunity, during the school day and with transport provided, is initially open to years five and six. Look out for the letter coming home.

Competition Finally, do not forget the competition taking place at the moment and run by Long Acre Arts – something for the children to do on the inset day tomorrow? Entries should be placed in the box in the school hall by 12th October.

Best Wishes



James Evelyn

Headteacher, Robert Miles Junior School

Autumn Term Dates

2 nd October	Inset Day – School Closed
9 th October	Rushcliffe Pupil Parliament
14 th October	School Disco
w/c 19 th Oct	Dukes Barn Residential
w/c 26 th Oct	Half Term

School Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance. Our target is for each child to have an attendance figure of at least 95%.

3B	94.6%
4H	98.8%
4J	96.5%
5AT	93.7%
5G	100%
6L	91.7%
6TM	98.9%
All	96.3%

Congratulations to 5G for having the best attendance this week!



Friends of RMJS

The Friends of RMJS run and events and activities to support and raise funds for the school. If you would like to help out, please join the Whatsapp group through the QR code below.



LONG ACRE ARTS

Christmas Card Competition

The Jan Parnham Trust

Theme 'Nature at Christmas'

Entries need to be:

A4 in colour. Anything related to nature.

On back of your picture please put your age and school plus a code for your name given to you by your teacher to retain confidentiality.



CLOSING DATE:

6pm | 12th October 2026

Four age groups will each have a winner who will receive an art prize. The winning card in each age group will be printed for sale. Sales of cards will go to Jan Parnham Trust a Registered Charity No.1213033

Contact:

JAN PARNHAM 07426 462 419
TONY PLAYER 07984 468 411

Forest School – Materials Needed!

The school is developing a Forest School on site. We are hoping this will support children in learning in a different way, promoting self-esteem, social skills, physical co-ordination and resilience. We need resources to help get it established. If you have any of the following items that you no longer need, we would be so grateful if you could donate them to the school:

- Stainless steel pots and pans x 12
- Scaffold boards x 10
- Garden store (preferably plastic) x 2
- Bark chippings
- Compost x 8 bags
- Children's trowels and forks x 6 each
- Old metal sinks x 2
- Pallets x 8



**MATERIALS NEEDED
CAN YOU
HELP?**

Please contact Mrs Fisher or the School Office if you have any questions or suggestions.

Honours Assembly

Congratulations to these children whose success was celebrated at Honours Assembly this week and some of their work was shared with all the children in the school.

3B	Freddie Barlow & Ronan Foster
4J	Erin Withers & Priya Burrell
4H	Alice Iwanejko & Annie O'Connor
5G	Stanley Clayton & Annabel Moskwa
5AT	Melissa Towers & Aurora Tonelli
6TM	Keona Urughu-Stone & Elias Malcolm
6L	Koey Yiu & Ruby Sharphouse

House Points

Jupiter	569
Mercury	593
Neptune	608
Saturn	588

Children are showing our REACH Values every day. They are also earning House Points as they work towards earning a non uniform day at the end of term.

Here are the latest totals!



Times Tables Rock Stars

Times Tables Rockstars

Congratulations to the following children who have topped the charts for their work on TTRS this week:

Most correct answers: Theo, 4H

Most coins earnt: Holly, 4H

Biggest improvement in accuracy: Alanis, 3B

Biggest improvement in speed: Timothy, 3B

A huge congratulations to our newest Rock Legend: Olivier, 4J



Free school meals are expanding

From September 2026

What's changing?

Current eligibility
Most families receiving Universal Credit qualify for income-based free school meals (FSM) only if their annual earned income is £7,400 or less (excluding benefits).

From September 2026
All children in households receiving Universal Credit will become eligible for free school meals.

Free school meals categories

Targeted free school meals - Available to families who:

- Receive Universal Credit and earn **£7,400 or less per year** (excluding benefits), or
- Receive certain qualifying benefits, including:
 - Income-related Employment and Support Allowance (ESA)
 - Pension Credit (Guarantee Credit)
 - Support under Part VI of the Immigration and Asylum Act 1999

Expanded free school meals - Available to:

- All other families receiving Universal Credit, regardless of earnings.

This means all children in Universal Credit households will be eligible for free school meals from September 2026.

Important dates

Applications open: 1 August 2026

Expanded eligibility starts: 1 September 2026

Please note: Applications can be submitted from 1 August 2026, but meals under the expanded scheme cannot begin before 1 September 2026.

What does this mean?

Targeted free school meals children:

- Free school meals at school in term time
- Funded Holiday Activities (HAF)
- Pupil Premium for child's school

Expanded free school meals

- Free school meals at school during term time
- Funded Holiday Activities (HAF)

Who will benefit?

- More families receiving Universal Credit
- More students accessing a healthy meal during the school day
- Reduced pressure on household budgets

Find out more or apply: nottinghamshire.gov.uk/freeschoolmeals

Nottinghamshire County Council

nova
Education Trust

Robert Miles Infant School
School Lane, Bingham, NG13 8FE

School Tours

for parents/carers looking for a Reception school place for **September 2027**

Safe, nurturing environment: all staff know all children

Fortnightly Forest School sessions – all year groups, all year round

Wrap-around care available (7.30am-6pm)

Enrichment for all year groups, including a Year 2 camp

Strong links with Robert Miles Junior School – aligned term dates

Please contact the school office to book a date: **01949 837422**
office@rmischool.co.uk

Or scan this QR code to register:

School Tour Dates:

- Monday 28th September: 9-10am
- Tuesday 6th October: 5-6pm
- Friday 16th October: 10-11am
- Wednesday 4th November: 5-6pm
- Friday 27th November: 2-3pm

Weekly Menu w/c 5th October 2026**Monday**

- Sausage & Mash with Gravy, Broccoli and Sweetcorn
- Veggie Sausage & Mash with Gravy, Broccoli and Sweetcorn
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Banana Bread Cookie

Tuesday

- Beef Lasagne with Garlic Bread, Broccoli, Cauliflower & Carrots
- Plant Based Lasagne with Garlic Bread, Broccoli, Cauliflower & Carrots
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Raspberry Jelly & Fruit Slices

Wednesday

- Roast Gammon, Gravy, Yorkshire Pudding & Roast Potatoes with Seasonal Greens & Carrots
- Yorkshire Pudding stuffed with Roasted Vegetable Casserole & Roast Potatoes with Seasonal Greens & Carrots
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Blueberry Cake & Custard

Thursday

- Rainbow Vegetable Pizza with Tomato Pasta, Garden Peas & Slice Carrots

- Cheese Wrap with Vegetable Sticks & Pasta Salad, Garden Peas & Sliced Carrots
- Jacket potato with a choice of Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Fruit Slices & Flapjack

Friday

- Battered Pollock & Chips with Garden Peas & Baked Beans
- Mexican Enchilada & Chips with Garden Peas & Baked Beans
- Jacket potato with Cheesy Beans, Tuna Mayo or Cheese or Beans.
- Chocolate Mousse

Upcoming Dates w/c 5th October 2026

Monday 5th October 2026

- Art Club 3.30- 4.30pm. There is a £2.00 compulsory charge for art supplies. Please use our online payment system to pay for this. Payment needs to be made in advance.

Tuesday 6th October 2026

- No activities.

Wednesday 7th October 2026

- Honours Assembly
- Girls Cricket Club (all years) Selected children. 3.30 - 4.30 pm. Children will need their PE kit, a drink and any inhalers required.
- Year 6 Parents Drop In Session with Toot Hill Senior Leader (3.30pm – 4.00pm)

Thursday 8th October 2026

- Martial arts club (with Mr Dexter) for years 4,5 and 6. 08.00am to 08.45am. (This club is fully booked)
- Scrabble Club (Years 5 & 6) 12.45pm - 1.15pm
- Handball Club. Years 5 & 6. Selected children. 3.30 - 4.30pm. Children will need their PE kit, a drink and any inhalers required.

Friday 9th October 2026

- Handball Club. Years 3 & 4. Selected children.) 08.15 - 08.55am. Please remember your PE kit, a drink and any inhalers required. (This club is fully booked)
- Pupil Parliament

A reminder that all children need to be collected from their afterschool clubs by family member/friend who are over the age of 16.

We share E-Safety information from National Online Safety with parents in the Robert Miles newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

What Parents & Educators Need to Know about DISCORD

WHAT ARE THE RISKS?



Launched in 2015, and with over 90 million daily active users, Discord has become one of the main ways gamers communicate – with text, voice, and video chat helping people connect around shared interests. For many young people, Discord can be a useful way to talk with friends, join communities, and explore hobbies. However, like any online platform built around communication, it also carries risks around strangers, inappropriate content, spending money, and time spent online. This guide looks at what parents and educators need to know.

A CHANNEL FOR EVERYTHING

While Discord is strongly associated with video games, it also hosts communities for almost anything you can imagine, such as books, music, influencers, cooking and sport. Some large servers focus on popular games like Minecraft or Fortnite, but many are private, invite-only spaces where friends or communities with shared interests can chat across phones, computers, and gaming consoles.

A HARASSMENT RISK

There is also a risk from people a young person already knows in the real world. Bullying in the real world can continue online, and Discord servers can make this feel more intimidating, especially if someone uses anonymous or multiple accounts to carry out threatening behaviours. Because Discord works across computers, phones, and gaming consoles, unwanted contact can follow young people into online spaces that should feel safe and private.

REAL-LIFE DISTRACTION

Like many social platforms, Discord can become a real time-sink. Although it does not rely on endless scrolling in the same way as some apps, constant messages, group chats, and voice channels can keep young people engaged for long periods, especially in larger servers. As Discord is closely linked to gaming, it may also increase the time they spend playing games.

INAPPROPRIATE CONTENT

This huge amount of choice can help young people “find their tribe”, especially when they have niche interests. However, because users can create servers around almost any topic, younger users may still encounter unsuitable or distressing content. Even in spaces linked to child-friendly games, Discord cannot directly control every conversation, image, or video shared by other users.

STRANGER DANGER

Users can choose to stay within private servers with only people they know, but joining public servers will most likely bring them into contact with strangers. Many users are just friendly enthusiasts, yet others could have harmful intentions, including grooming, extortion, or radicalisation. In these types of environments, anyone can claim to be another teenager, which can make it harder for young people to judge who is safe to talk to.

A MONEY DRAIN

Discord is free to use, but users can still spend real-world money on it. This may include Discord ‘Nitro’, a monthly subscription that unlocks customisation features and larger media uploads, or purchases through the ‘Shop’ for profile cosmetics and game-related items. Small purchases can add up quickly, especially if spending controls are not in place.

Advice for Parents & Educators

USE FAMILY CENTRE

Parents and carers should make use of Discord’s ‘Family Centre’, which gives an overview of a younger user’s activity while respecting their privacy. Messages are not shared, but adults can view an activity feed and receive weekly email summaries. Discord says this is designed to support conversations about online behaviour, rather than be about constant monitoring.

MANAGE TIME ONLINE

Agree clear expectations around when and how Discord can be used, especially during homework, bedtime, and family time. Encourage young people to turn off unnecessary notifications and leave servers that feel overwhelming. If Discord is mainly used alongside gaming, discuss healthy limits for both activities so that schoolwork, sleep, and offline friendships are not affected.

CHECK, TALK, REPORT

Review Discord’s privacy settings together, including who can send them friend requests or private messages. Use this as a chance to talk to them about strangers, privacy, and personal information, making sure young people know to question suspicious behaviour, such as requests to keep conversations secret. Show them how to block and report these kinds of users and reassure them that asking for help will not get them into trouble.

REVIEW SPENDING CONTROLS

Talk openly about paid features such as Discord Nitro, profile cosmetics, and in-game purchases. Make sure the young people in your care understand that digital items still cost real money. Check payment settings on the device they use, avoid storing card details where possible, and consider adding approval requirements for purchases, particularly for younger or more impulsive users.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom’s Guide, The Evening Standard, and The New Statesman.





The National College

See full reference list on our website

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